

Eating at Flint House

If you have a special dietary requirements such as medical, religious, **ALLERGIES*** or intolerances please advise the duty Chef as soon as possible.

This can be done by e-mail catering@policerehab.co.uk

** **Allergens:** affect many people, more than was first understood. There are 14 allergens, (along with some 200+ intolerances) some allergens like 'celery' quite surprising and some more serious like 'peanuts'.*

All allergens found in our food are listed on our Daily, Buffet and Dessert menus found on 'touch display screen' outside the Dining Room; the information displayed in RED so that the allergens are readily & quickly identified as being part of the dish.

Coffee & Tea

Flint House Lounge	07:30 to 23:30
Time Tunnel	24hrs
Flint Fold Lounge	24hrs

Packed lunch if you require a packed lunch, please give 24hrs notice, order before 16.00hrs the day before if the packed lunch is to be picked before 09:00hrs – thank you. **Please note: There is a charge for this service.**

Dining Room & Bar Dress Code:

Although we do not have a formal dress code – please consider the other users of the facility, **especially before and after using the gym**, so that appropriate attire is worn at all times

For patient safety, no bare feet in the dining room or servery at any time

The Bar is open,

18:00 to 22:30 Monday to Thursday.

Drinking-Up Time by 23:00, Glasses will be removed at 23.00 promptly.

18:00 to 22:00 Sunday

Drinking-Up Time by 22.30, Glasses will be removed at 22:30 promptly

Quiz Nights are in the Bar Mondays and Thursday at 20:30hrs

Stock-piling of drinks is not permitted

Alcoholic drinks can only be consumed in the Flint House Lounge & Bar, Dining Room or the Sky Television Lounge

The Vending Machine for toiletries, soft drinks and snacks is located in the rotunda of the link corridor in Flint House.

Patients are reminded that excessive drinking and unreasonable behaviour is not acceptable and could result in you being asked to leave the centre

Consumption of alcohol in bedrooms is not permitted; neither may alcohol be brought into any area of the Centre from outside

Patient's guests & visitors – Dining

If guest meals are required please book early with the the Dining Room managers, as space for visitors is limited. 24 hours' notice could save disappointment.

There are specific mealtimes allotted for patients with guests, please confirm with the Dining Room managers.

Please note: There is a charge for this service. Please enquire at Reception

Thank you for taking the time to read this, the department staff wishes you an enjoyable and beneficial stay.

All staff are here to help – please, don't hesitate to ask for any assistance that you may require.

Dilf Casbeard
Head Chef

Telephone/Dietary Requirements Direct Line:

01491 878567 direct line to kitchen

Catering Office

01491 Head Chef = Ext 334

For Dietary requirements:

catering@policerehab.co.uk