



Flint House

The

Police

Rehabilitation

Centre

Annual Report 2011



THE POLICE REHABILITATION CENTRE
Flint House, Reading Road, Goring-on-Thames, Oxon, RG8 0LL
Tel: 01491 874499
website: www.flinthouse.co.uk email: enquiries@flinthouse.co.uk

Governing Document

The Police Convalescent Home, now operating as The Police Rehabilitation Centre is governed by a Trust Deed dated 13th May 1988 and subsequent schemes approved by the Charity Commissioners. This Deed was drawn up when the principal address was transferred to Flint House and the name of the Charity was changed. Previously the name of the Charity was the Police Seaside Home and was originally regulated by a Declaration of Trust dated 20th December 1892.

Objectives of the Charity

By the Trust Deed dated 13th May 1988 the objects of the Charity are the provision of convalescent facilities for the benefit of serving and retired police officers and cadets of the Home Police Forces and the Port of London Authority Police (now known as the Port of Tilbury Authority).

Our History

The first Police Seaside Home was established in 1890 by the late Miss Catherine Gurney OBE (President of the International Christian Police Association) with the assistance of Miss Griffin, for the benefit of police officers of all ranks requiring rest and a change of air after sickness or injury.

In 1892/3 a new building was erected on freehold ground, the site being given by the late Miss E.M. Bell. The foundation stone of this building was laid in October 1892 by H.R.H. Princess Christian, and the Home was opened in July 1893. After that date it was enlarged four times. On 26th September 1966 the Home moved to another new building at 205 Kingsway, Hove which was officially opened in November 1966 by Her Majesty Queen Elizabeth the Queen Mother.

The scale of casualties in our police forces and the stresses to which they were being exposed, significantly increased to a point where the Hove home could not provide the level of service required. Hence Flint House, in Goring on Thames was purchased, adapted and developed to cater for the special requirements of injured and sick police officers, providing additional facilities for physiotherapy, hydrotherapy, stress counselling, health education, etc.

Flint House was officially opened by Her Majesty Queen Elizabeth the Queen Mother on 2nd June 1988. The Centre is maintained by voluntary contributions from police officers serving in member Forces, donations from both Force and private sources, and income from investments. The capacity of Flint House was further increased to 140 beds following building extensions in 1995 and 2003.

Organisation

The trustees manage the Charity. The full Board of the Trustees meets every two months at the Charity. The full Board of the Trustees is mainly concerned with policy matters and agrees broad strategies and areas of activity for the Charity. More detailed trustee management is dealt with through subcommittees. At present these consist of:

- The Finance and General Purposes sub-committee, which meets on a monthly basis, reporting back to the full Board at the Trustees meetings. The Finance and General Purposes sub-committee deals with all financial decisions including monitoring of income and expenditure, staff salaries and any other major issues deemed appropriate.
- Other committees and working groups are formed on a temporary basis as and when necessary.
- When important matters arise in between meeting cycles the Chief Executive and the officers of the board communicate with each other and the other trustees by phone and /or e-mail in order to reach a decision.
- Responsibility for day to day management of the Charity lies with the Chief Executive, who has powers and responsibilities approved by the trustees.

None of the trustees receive remuneration from the Charity.

THE POLICE REHABILITATION CENTRE

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31st DECEMBER 2011

Governing Body

PATRON:

Her Majesty the Queen

PRESIDENT:

+ Bernard Hogan-Howe
* Sir Paul Stephenson QPM

TRUSTEES:

REPRESENTING:

	Mrs D.J.C. Priestley OBE DL (Chairman)	
+	Mr M. Simmons	The Commissioner of the Police of the Metropolis
	Mrs A. Bennett	
	Dr A. Anderson	
	Mr D. Ball	
	Mr H. Davies	
	Mr A. Menzies	
*	Mr P. West	The Association of Chief Police Officers
+	Mr F. Habgood	The Association of Chief Police Officers
	Mr W. Riches	The Joint Central Committee of the Police Federation of England and Wales
*	Mr A. White	The Police Federation Joint Branch Boards
	Mr A. Laud	The Police Federation Joint Branch Boards
	Mrs S. Kumar-Merino	The Police Federation Joint Branch Boards
	Mr J. Williams	The Police Federation Joint Branch Boards
+	Mr P. Monk	The Metropolitan Police Constables' Branch Board
	Mr M. Nurthen	The Metropolitan Police Sergeants' Branch Board
	Mr D. Lemonde	The Metropolitan Police Inspectors' Branch Board
	Mr G. Cassidy	The Superintendents' Association
	Mr B. Knott	The Christian Police Association

FINANCE AND GENERAL PURPOSES SUB-COMMITTEE:

Trustees appointed to the Finance and General Purposes Sub-Committee are:

*	Mr A. White	Mr H. Davies
	Mr M. Nurthen (Chairman)	Mr P. Monk
	Mr A. Laud	Mr W. Riches
+	Mr D. Ball	

CHIEF EXECUTIVE - Commander Tom McAuslin MMedSc FIHM Royal Navy
* Mr L.S. Filer MBE

MEDICAL OFFICER + Dr A. D. Lamb MB BS (London) Dch MRCPG DRCOG DFFP
* Dr R.W. Hamilton MA (Oxon) MB Bch MRCPG DRCOG

HONORARY CHAPLAIN The Rev D. Axcell

* Retired during 2011 + Appointed during 2011 - Appointed during January 2012

THE POLICE REHABILITATION CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 31st DECEMBER 2011 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS

Financial Review

This year the Charity achieved a net surplus of £274,857 (2010: £898,321). This reduction is partly due to a decrease in discretionary donation income amounting to £264,366 (2010: £517,211), of which a significant proportion was received from the Police Rehabilitation Trust (£200,000) and Home Office grant income which concluded in March 2010. Force contributions have increased in the year by £300,530 due in part to an incremental increase in contribution rates as agreed by the trustees.

Resources expended have increased by £293,826 from £4,355,573 to £4,649,399 between 2010 and 2011 respectively. This is due to the increased accommodation, security and physiotherapy expenses following completion of the phase 1 extension to Flint Fold in July 2011. Phase 2 of the extension commenced in August 2011 and thus far to the year end £492,302 has been expended.

The Charity draw has completed its first full year, receiving £90,017 (2010: £21,619) in income of which £18,000 (2010: £4,500) are payable in prize winnings. Of the total lottery income, £23,163 (2010: £23,145) has been expended in order to facilitate its operation.

The Charity's fixed asset investments continue to be managed by Williams de Broë, where the investment objective of capital growth and a moderate risk profile were maintained. Investments were disposed of during the year realising a gain of £8,187 (2010: £183,471 gain). Due to unfavourable market conditions there has been a decrease in market value of total investments of £921,058 (2010: £904,305 increase).

The Charity invested £429,352 (2010: £1,879,250) in new shareholdings and disposed of certain investments to the value of £1,198,942 (2010: £2,005,787). The market value of the investment portfolio at the year end is £6,001,625 (2010: £7,684,086) being £468,387 or 8.5% (2010: £1,633,032 or 27%) above cost.

In the immediate future, expenditure will increase further after the completion of the much needed additional accommodation of another 11 rooms of the phase 2 final extension programme. The income to support the additional occupancy is a matter of some concern and points up the Charity's heightened need for additional voluntary income to match the added costs of the expansion. The total capital cost of the whole programme including the 25 bedroom accommodation has been both within budget and in time.

Future Plans, Achievements and Public Benefit

The Centre now has the 14 bedded extension to Flint Fold in full use, the phase 1 of the extension programme. Phase 2 of the programme consisting of the 11 bedded extension to Flint House is on schedule to be completed in July 2012. The much needed extension to the Physio treatment room is already in use.

Whilst the Flint House bedroom extension has been under construction, some adjacent rooms have been unavailable which is a temporary setback to the current waiting list for admission which remains at 6 weeks. Later in the summer it is hoped all rooms will be bought back to full use and with some re-organisation the waiting list will hopefully be reduced.

Demand is ever increasing and the Centre is consistently running at 95 – 99% capacity. Once again a record number of residents have been admitted in 2011:

Serving Officers	3,059	
Retired Officers	456	
Partners	120	
	<hr/>	
Total	3,635	(2010: 3,523)
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THE POLICE REHABILITATION CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 31st DECEMBER 2011 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS (cont.)

The Board of Trustees is deeply concerned for the problems which impact the police service in terms of reduction in the number of officers, freeze on recruitment and the likely increasing demands placed on police officers facing even tighter budgets. Demands in the coming year of the Jubilee and the Olympics and also the likelihood of local policing being stretched even further with the reduction of officers and budgets. A decrease in numbers and lack of recruits is a major concern as the regular weekly voluntary donations of our officers provide our vital income stream to provide and maintain the "centre of excellence" for these officers in greatest need of the help and healing the Centre provides.

The Board is anxious to increase income and the Lottery is working very successfully and heading towards producing £70,000 net this year and showing an overall increase each month. Additionally it is hoped that the literature to encourage Legacy Donations will in time provide a valuable resource. The other strategy is to examine closely efficiency savings throughout all Departments and reduce costs without reducing the quality of service and care to our patients.

Each year the Centre provides treatment and care to an ever increasing number of sick and injured police officers enabling them to return to full health and duty. This objective satisfies the Public Benefit requirements of the Charities' Act 2011. It also saves the resources of both the NHS and the Police Authorities. With the increasing number of admissions the public benefit enormously from the excellent record of treatment and care the Centre provides in assisting so many police officers to resume their public duties.

It is hoped that in the future the Centre may be seen as an invaluable resource for the promotion of health, well being and fitness alongside its treatment and care for the police officers which is likely to be increasingly needed.

A major event has been the retirement after 24 years of the Chief Executive, Lyndon Filer. He has given most impressive leadership to the Centre. Coming one year after its opening, Lyndon has masterminded the three extensions to Flint House, the building of Flint Fold and the current extension programme. The patient intake has risen from 40 to 165 next year and under his outstanding leadership the Centre has become a "centre of excellence" for the treatment and care of sick and injured police officers. The trustees, staff and residents owe him a huge debt of gratitude for his energy, commitment and personal contribution to the life and work of the Centre.

The trustees have appointed a new Chief Executive Officer, Commander Tom McAuslin RN who takes up his appointment in January when he retires from a distinguished and interesting naval career most recently commanding the RN Hospital in Gibraltar. We look forward to welcoming him and are confident his energy, enthusiasm and experience of another Service will be invaluable in meeting the challenges of the future and maintaining the highest standards of the Centre's traditions.

Once again the Centre's staff have coped outstandingly with the disruptions of building work. All our staff provide exceptional daily service and make every effort to ensure the Centre is excellent in every department. The Trustees are deeply grateful to each and every one of its staff.

The Centre is grateful for the excellent ongoing service of Goring Medical Practice to our residents who are always most appreciative of the care they receive and also the staff for their support so willingly given.

This year the trustees lost two stalwarts namely Andy White and Paul West and we are very grateful for their service and commitment. New trustees have been welcomed: Francis Habgood, Mark Simmons and Paul Monk recently joined the Board.

Mrs D.J.C. Priestley
Chairman

17th April 2012

THE POLICE REHABILITATION CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31st DECEMBER 2011

	Unrestricted Funds 2011 £	Restricted Funds 2011 £	Total Funds 2011 £	Total Funds 2010 £
Incoming resources				
Incoming resources from generated funds				
Voluntary income	4,137,855	202,495	4,340,350	4,292,665
Activities for generating funds	395,903	26,890	422,793	816,533
Investment income	161,113	-	161,113	144,696
Other incoming resources	-	-	-	-
Total incoming resources	<u>4,694,871</u>	<u>229,385</u>	<u>4,924,256</u>	<u>5,253,894</u>
Resources expended				
Cost of generating funds	199,209	26,890	226,099	195,565
Investment manager's fees	47,196	-	47,196	28,895
Charitable activities				
Treatment	1,447,721	990	1,448,711	1,365,519
Accommodation & catering	2,815,708	-	2,815,708	2,636,858
Governance costs	111,685	-	111,685	128,736
Total resources expended	<u>4,621,519</u>	<u>27,880</u>	<u>4,649,399</u>	<u>4,355,573</u>
Net incoming/(outgoing) resources before transfers				
	73,352	201,505	274,857	898,321
Transfers between funds				
Designated fund	-	-	-	-
Restricted fund	201,505	(201,505)	-	-
Net incoming resources before other recognised gains	<u>274,857</u>	<u>-</u>	<u>274,857</u>	<u>898,321</u>
Net profit/(loss) on disposal of investments	8,187	-	8,187	183,471
(Decrease)/increase in market value of investments	(921,058)	-	(921,058)	904,305
Net movement in funds for the year	<u>(638,014)</u>	<u>-</u>	<u>(638,014)</u>	<u>1,986,097</u>
Reconciliation of funds				
Total funds brought forward	26,475,284	1,146,600	27,621,884	25,635,787
Total funds carried forward	<u><u>25,837,270</u></u>	<u><u>1,146,600</u></u>	<u><u>26,983,870</u></u>	<u><u>27,621,884</u></u>

THE POLICE REHABILITATION CENTRE

BALANCE SHEET AS AT 31st DECEMBER 2011

	£	2011	£	2010	£
Fixed assets					
Tangible assets			19,244,403		17,918,489
Investments			6,001,625		7,684,086
			25,246,028		25,602,575
Current assets					
Stocks		18,308		22,917	
Debtors and prepayments		783,486		655,773	
Monies held on deposit		373,042		121,652	
Cash at bank and in hand		789,547		1,600,869	
		1,964,383		2,401,211	
Creditors: amounts falling due within one year					
Creditors and accruals		226,541		364,631	
Net current assets			1,737,842		2,036,580
Total assets less current liabilities			26,983,870		27,639,155
Creditors: amounts falling due after more than one year					
Other creditors			-		17,271
Net assets			26,983,870		27,621,884
Funds					
Unrestricted funds			25,817,270		26,455,284
Designated funds			20,000		20,000
Restricted funds			1,146,600		1,146,600
			26,983,870		27,621,884

Note

The Unrestricted fund is mainly represented by the total cost of Freehold Property - £17,666,411 appearing in the Centre's Balance sheet. The balance of funds are partly invested in Stock Exchange securities and also bank deposits, which generate further income contributing towards the running costs of the Centre.

The Designated fund represents the hardship fund.

The Restricted fund of £1,146,600 is represented by the capitalised build works from the Government grant of £1,145,000 and £1,500 for lottery prize fund. The remaining £100 relates to restrictions on other donated income.

Trustees' Statements

The summarised financial statements are not the statutory accounts of The Police Rehabilitation Centre but a summary of the information relating to both the Statement of Financial Activities and the Balance Sheet for the year ended 31st December 2011.

The summarised financial statements may not contain sufficient information to allow for a full understanding of the financial affairs of the Charity.

The full accounts from which these summarised financial statements are derived have been audited by George Hay & Company, who gave an unqualified audit report.

The full Trustees' Annual Report, Financial Statements and Auditors' Report may be obtained from The Police Rehabilitation Centre, Flint House, Reading Road, Goring on Thames, Oxfordshire RG8 0LL.

The Trustees' Annual Report and Financial statements were approved by the Trustees on 17th April 2012 and have been submitted to the Charity Commission.

Mrs D.J.C. Priestley

THE POLICE REHABILITATION CENTRE
INDEPENDENT AUDITOR'S STATEMENT ON THE SUMMARISED
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2011

We have examined the summarised financial statements of The Police Rehabilitation Centre for the year ended 31st December 2011 set out on pages 5 to 6.

Respective responsibilities of the trustees and the auditor

The trustees are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law and the recommendations of the Charities SORP.

Our responsibility is to report to you our opinion on the consistency of the summarised financial statements within the summarised annual report with the full annual financial statements and the Trustees' Annual Report.

We also read the other information contained in the summarised annual report and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summarised financial statements.

Basis of opinion

We conducted our work in accordance with Bulletin 2008/3 issued by the Auditing Practices Board. Our report on the charity's full annual financial statements describes the basis of our opinion on those financial statements.

Opinion

In our opinion the summarised financial statements are consistent with the full annual financial statements and the Trustees' Annual Report of The Police Rehabilitation Centre for the year ended 31st December 2011.

We have not considered the effects of any events between 17th April 2012 on which we signed our report on the full financial statements and the date of this statement.

George Hay & Company
Chartered Accountants
Statutory Auditors
83 Cambridge Street
London
SW1V 4PS

17th April 2012

THE POLICE REHABILITATION CENTRE

STATISTICS FOR THE YEAR ENDED 31st DECEMBER 2011 COMPARED WITH THOSE OF THE PREVIOUS YEAR

Number of residents and beds

	2011	2010
1. (a) Average complement of beds at 31st December	147	140
(139 bedrooms)		(131 bedrooms)
(b) Average daily number occupied during the year	135	137
2. Number of patients admitted	3,515	3,389
3. Average stay (in days) of each resident	12	12

Financial and other statistics

Annual Income and Expenditure 2009 – 2011

	2011 £	2010 £	2009 £
Income			
Forces contributions	3,659,076	3,315,520	2,890,338
Third party contributions	157,908	172,411	166,249
Grants receivable	-	461,029	683,971
Tax benefit – GAYE scheme	416,908	459,934	522,600
Interest and dividends	162,117	144,696	151,997
Donations	264,366	517,211	217,649
Other income	263,881	183,093	169,723
Total	4,924,256	5,253,894	4,802,527
Expenditure			
Staff costs	2,607,864	2,498,108	2,393,532
Catering	515,636	520,420	482,192
Establishment	775,651	639,426	641,518
Administration	283,250	265,991	229,646
Depreciation	466,998	431,628	425,502
Total	4,649,399	4,355,573	4,172,390
Surplus for the year	274,857	898,321	630,137

Note

- i Gains/(Losses) on investments are excluded.
- ii Tax benefit under the GAYE scheme is estimated and is based on average rate of tax relief applicable to donors.

THE POLICE REHABILITATION CENTRE

DONATIONS LIST FOR THE YEAR ENDED 31st DECEMBER 2011

H.M. THE QUEEN

ACPO Crime Prevention	George Hay & Co	Mr & Mrs F W Oram
Mr & Mrs P M Addison	Mr S Gower	PHA Security Systems Ltd
Mr D Andrews	Mr D A J Gray	Police Rehabilitation Trust
Association of Ex CID Officers	Mr & Mrs F Halsey	Port of Tilbury
City of London Police	Ms R A Harvey	Posh Paws
Mr M Ballard	Mr & Mrs B L Heaton	Mr & Mrs R Potten
Mr & Mrs D Bell	Mr S Heffield	Mr D W C Ray (in memory)
Mr S Bellingham	Mr F Herbert (in memory)	Mr & Mrs M Redgrave
Berkshire Constabulary	Hertfordshire Constabulary	Mr T Rees
Reunion	Mr E R Hills	Mr & Mrs K G Rowland
Mr N Berrett	Mrs N E Howells (in memory)	Mr & Mrs E Sandiford
Mr & Mrs M J Blake	Huntingdonshire	Selectamark Security
Mr & Mrs H G Brenchley	Constabulary Widows &	Systems Plc
Brothers in Law	Orphans Benevolent Fund	Mr David Sewell
Luncheon Club	Mr & Mrs S R Hynes	(in memory of)
Brothers in Law	Lord Peter Imbert	J M Sheffield
Luncheon Club Essex	Mr M J H Kruck	Mr & Mrs J H Silber
Mr S L Catt	Mr & Mrs T J Laws	Mr & Mrs J Smith
Charity Choice	Mr & Mrs B Lee	Mr P T Smith
Ms J Cheng	Mr S D Lee	Staffordshire Police
Churches Together in	Miss D M Leeson (in memory	Federation
Beddington & Wallington	of R Thompson)	Mrs Vera M Stewart
Churches Together in	Mrs J Longman	(estate of)
Sleaford	Mrs B Love	Surrey Police
City of London Police	Mr & Mrs H Manley	The 8/18 Association
(Property Act)	Manor of St James Lodge	The Z A P S
Mr A Clark	Melton & Rutland	– Metropolitan Police
Mr & Mrs W A Cobb	Pensioners Club	Mr R Thompson (in memory)
Comet Group plc	Metropolitan Phoenix Masonic	Mr & Mrs S J Tromans
Mr & Mrs N F Cotterill	Association	Mr W Webster
Mr & Mrs J Crabtree	Metropolitan Police	Mr A L Weeks
Mr & Mrs N Croft	Historical Society	West Kent Volunteer
Mr P Cruikshank	Metropolitan Police	Chapter 2041
Mr D Czarnetzki	Authority – History Society	West Mercia Police Authority
Mr T M Davis	(in memory of Mr H D	(Police Property Act)
Derbyshire Police Authority	Walton)	West Mercia Police
Mr A Diaz	Metropolitan Police Chigwell	Welfare Fund
Dorset Police Federation JBB	Retired Officers Group	Mrs K L Wheeler
Mrs J Dockrell	Mr & Mrs G D Moss	Mr & Mrs C H Whitehead
Essex Police Scenes of	N.A.R.P.O City of London	Mr G D Willcox (in memory)
Crime	N.A.R.P.O Executive	Mr & Mrs G W Williams
Mr & Mrs E M Evans	N.A.R.P.O West Mercia	Mrs J V Williams
Miss P J Evans	N.A.R.P.O West Midlands	Mr & Mrs G E J Wootton
Mr & Mrs D R J Farmer	(in memory of D Sewell)	Mrs M Wootton
Mr & Mrs G H C Floate	N.A.R.P.O Northampton	Worshipful Company of
Mr A Fraser	Branch	Security Professionals
Freemasons Grand Charity	N.A.R.P.O Wiltshire	Charitable Trust
– Redwood Lodge	N.A.R.P.O Worcestershire	Mr & Mrs G T Wright
Miss P E Garrett	Northamptonshire Police	
Mr Barry Gauntlett	Welfare Fund	
(in memory)	Mr & Mrs C M O'Donoghue	



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