



## *Flint House*

*The*  

---

*Police*  

---

*Rehabilitation*  

---

*Centre*

*Annual Report 2010*



**THE POLICE REHABILITATION CENTRE**  
**Flint House, Reading Road, Goring-on-Thames, Oxon, RG8 0LL**  
**Tel: 01491 874499**  
**website: [www.flinthouse.co.uk](http://www.flinthouse.co.uk) email: [enquiries@flinthouse.co.uk](mailto:enquiries@flinthouse.co.uk)**

**Governing Document**

The Police Convalescent Home, now operating as The Police Rehabilitation Centre is governed by a Trust Deed dated 13th May 1988 and subsequent schemes approved by the Charity Commissioners. This Deed was drawn up when the principal address was transferred to Flint House and the name of the charity was changed. Previously the name of the charity was the Police Seaside Home and was originally regulated by a Declaration of Trust dated 20th December 1892. The Charity Registration number is 210310.

**Objectives of the Charity**

By the Trust Deed dated 13th May 1988 the objects of the Centre are the provision of convalescent facilities for the benefit of serving and retired police officers and cadets of the Home Police Forces and the Port of London Authority Police (now known as the Port of Tilbury Authority).

**Our History**

The first Police Seaside Home was established in 1890 by the late Miss Catherine Gurney OBE (President of the International Christian Police Association) with the assistance of Miss Griffin, for the benefit of police officers of all ranks requiring rest and a change of air after sickness or injury.

In 1892/3 a new building was erected on freehold ground, the site being given by the late Miss E.M. Bell. The foundation stone of this building was laid in October 1892 by H.R.H. Princess Christian, and the Home was opened in July 1893. After that date it was enlarged four times. On 26th September 1966 the Home moved to another new building at 205 Kingsway, Hove which was officially opened in November 1966 by Her Majesty Queen Elizabeth the Queen Mother.

The scale of casualties in our police forces and the stresses to which they were being exposed, significantly increased to a point where the Hove home could not provide the level of service required. Hence Flint House, in Goring on Thames was purchased, adapted and developed to cater for the special requirements of injured and sick police officers, providing additional facilities for physiotherapy, hydrotherapy, stress counselling, health education, etc.

Flint House was officially opened by Her Majesty Queen Elizabeth the Queen Mother on 2nd June 1988. The Centre is maintained by voluntary donations from police officers serving in member Forces, donations from both Force and private sources, and income from investments. The capacity of Flint House was further increased to 140 beds following building extensions in 1995 and 2003.

**Organisation**

The Centre is administered and managed by the Board of Trustees in accordance with the Trust Deed. The Chief Executive and his team undertake day-to-day management of the Centre. None of the Trustees receive remuneration from the Centre.

# THE POLICE REHABILITATION CENTRE

## REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31st DECEMBER 2010

### Governing Body

#### PATRON:

Her Majesty the Queen

#### PRESIDENT:

Sir Paul Stephenson QPM

#### TRUSTEES:

#### REPRESENTING:

	Mrs D.J.C. Priestley OBE DL (Chairman)	
+	Mr M. Simmons	The Commissioner of the Police of the Metropolis
	Mrs A. Bennett	
	Dr A. Anderson	
	Mr D. Ball	
	Mr H. Davies	
	Mr A. Menzies	
	Mr P. West	The Association of Chief Police Officers
*	Mr D. Pellatt	The Joint Central Committee of the Police Federation of England and Wales
+	Mr W. Riches	The Joint Central Committee of the Police Federation of England and Wales
	Mr A. White	The Police Federation Joint Branch Boards
	Mr A. Laud	The Police Federation Joint Branch Boards
	Mrs S. Kumar-Merino	The Police Federation Joint Branch Boards
	Mr J. Williams	The Police Federation Joint Branch Boards
*	Mr S. Telfer	The Metropolitan Police Constables' Branch Board
+	Mr P. Monk	The Metropolitan Police Constables' Branch Board
	Mr M. Nurthen	The Metropolitan Police Sergeants' Branch Board
	Mr D. Lemonde	The Metropolitan Police Inspectors' Branch Board
*	Mr P. Stayt	The Superintendents' Association
+	Mr G. Cassidy	The Superintendents' Association
	Mr B. Knott	The Christian Police Association

#### FINANCE AND GENERAL PURPOSES SUB-COMMITTEE:

Trustees appointed to the Finance and General Purposes Sub-Committee are:

	Mr A. White		Mr H. Davies
	Mr M. Nurthen (Chairman)	*	Mr S. Telfer
*	Mr P. Stayt	+	Mr P. Monk
	Mr A. Laud	*	Mr D. Pellatt
		+	Mr W. Riches

\* Retired during 2010

+ Appointed during 2010

CHIEF EXECUTIVE

Mr L.S. Filer MBE

MEDICAL OFFICER

Dr R.W. Hamilton MA (Oxon) MB Bch MRCGP DRCOG

HONORARY CHAPLAIN

The Rev D. Axcell

# THE POLICE REHABILITATION CENTRE

## TRUSTEES' REPORT FOR THE YEAR ENDED 31st DECEMBER 2010 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS

### Financial review

This year the Charity achieved a net surplus of £898,321 (2009: £630,137). Voluntary income has increased in the year by £662,078 due in part to an incremental increase in donation rates as agreed by the Trustees'. Discretionary donations have also increased in the year, of which a significant proportion were received from the Metropolitan Police Benevolent Fund (£250,000), the Police Rehabilitation's Trust (£50,000); and private donations from the estates of P Simpson (£136,014) and V M Stewart (£24,750).

The remainder of Home Office grant income received in the year amounted to £461,029 (2009: £683,971) which concluded in March 2010 and represents the full £1.145 million due to be received by the Charity. Grant income is restricted against resources expended towards the new wing refurbishment of Flint House including extension of the gym and kitchen refurbishments of which £387,324 (2009: £757,676) has been expended thus far between April and the year end and shown in a restricted fund (note 15).

The Charity's fixed asset investments continue to be managed by Williams de Broë, where the investment objective of capital growth and a moderate risk profile were maintained. Investments were disposed of during the year realising a gain of £183,471 (2009: £24,206 loss). Due to favourable market conditions and intelligent buying and selling of securities, there has been an increase in market value of total investments of £904,305 (2009: £1,891,472).

The Charity invested £1,879,251 (2009: £2,796,165) in new shareholdings and disposed of certain investments to the value of £2,005,788 (2009: £2,052,850). The market value of the investment portfolio at the year end is £7,684,086 (2009: £6,722,847) being £1,633,032 or 27% (2009: £743,690 or 12%) above cost

In September 2010, the Charity introduced a monthly lottery draw open to all staff, patients, donors and members of the public. During this period, the Charity received a total of £21,619 in income of which £4,500 is to be paid out in prize winnings. In keeping with the Gambling Act 2005 for small society lotteries, at least £4,329 or 20% of lottery income was retained for use towards the objectives of the Charity.

Resources expended in the year have also increased by £183,183 in the year from £4,172,390 to £4,355,573 between 2009 and 2010 respectively.

The result is a total net increase in the funds during the year of £1,986,097 (2009: £1,778,294).

The Charity continues to maintain a sound financial base with the balance sheet showing net assets retained of £27,621,884 (2009: £25,635,787).

### Future Plans, Achievements and Public Benefit

By April 2010 the final stage of our three year refurbishment programme, refurbishment of New Wing ground floor bedrooms and an extension to our gymnasium, had reached completion.

These works, amounting to £1.5 million, were completed on time and within budget, with the very generous, first ever, Government grant, covering £1.145 million of total costs.

In June 2010 we began Phase 1 of a further two year expansion programme. Phase 1 will consist of a 14 bedded extension to Flint Fold and an additional car park, and Phase 2 will include an 11 bedded extension to New Wing and a small extension to our existing physiotherapy treatment room. The total cost of these works will be £5 million and will be met from capital savings enhanced by generous donations from, in particular, the Police Rehabilitation Trust and the Metropolitan Police Benevolent Fund, for which we are very grateful. Phase 1 will be completed by July 2011 and Phase 2 by July/August 2012.

## THE POLICE REHABILITATION CENTRE

### TRUSTEES' REPORT FOR THE YEAR ENDED 31st DECEMBER 2010 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS (cont.)

The above expansion works have been commissioned in response to an ever-growing demand for the services provided at the Centre which has been operating at maximum capacity for the past two years. To accommodate demand from first time applicants the Centre has been forced to reduce the period of stay for retired officers from 12 days to 7 days and also curtail second admissions for its more severely injured. It is hoped, funding permitting, that these omissions can be reviewed on completion of Phase 2 when hopefully the current 6 weeks waiting time for admissions can be eradicated.

Once again, the Centre admitted another record number of patients in 2010:-

Serving Officers	2,949	
Retired Officers	440	
Partners	134	
	<u>3,523</u>	(2009: 3,454)

However, the Board of Trustees' is well aware of the potential problems that lie ahead in the form of public sector pay freezes and the possibility of a reduction in the number of police officers. Any decrease in police officer numbers will affect our main income source, the regular weekly donations made by police officers.

The Centre is currently well placed financially, but any major decrease in officer numbers over the long term, especially with higher inflation, would be a cause for concern. The Board has devised contingency plans to offset these issues should the need arise. For the present the Board is confident that the Centre can continue its work for at least the next two years, at the current level of patient admissions, without disruption.

The Centre's newly established "Lottery" has been an enormous success and in its first full year will produce an additional net income approaching £60,000 which will greatly assist in supporting income receipts. In addition, it is also hoped, in the long term, that the on-going promotion of requests for legacy income will provide another improved income source.

The Centre was created to provide care and treatment for sick and injured police officers to assist them in returning to full health and duty. This purpose satisfies Charities Act 1993 on public benefit.

Year after year the Centre has provided such care to a growing number of police officers, saving the resources of both the NHS and police authorities, demonstrating the enormous benefit that the public derive from the work of the Centre.

The Trustees' wish to thank each and every member of the Centre's staff for their tremendous daily efforts in maintaining such a highly efficient and effective service. We also thank Dr Rhys Hamilton and his practice for their excellent work. Dr Hamilton retires in May 2011 and will have completed over 23 years of service at the Centre for which we offer our very grateful thanks. We wish him every happiness in his retirement.

In 2010 we said farewell to trustees, Mr David Pellatt, Mr Pat Stayt, and Mr Stuart Telfer who retired from the police service and we welcomed Mr Graham Cassidy, Mr Mark Simmons and Mr Will Riches who have recently joined the Board.

Mrs D.J.C. Priestley  
Chairman

19th April 2011



**THE POLICE REHABILITATION CENTRE**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31st DECEMBER 2010**

	Unrestricted Funds 2010 £	Restricted Funds 2010 £	Total Funds 2010 £	Total Funds 2009 £
<b>Incoming resources</b>				
Incoming resources from generated funds				
Voluntary income	3,991,300	301,365	4,292,665	3,630,587
Activities for generating funds	346,680	469,853	816,533	1,019,641
Investment income	144,696	-	144,696	151,997
Other incoming resources	-	-	-	302
<b>Total incoming resources</b>	<u>4,482,676</u>	<u>771,218</u>	<u>5,253,894</u>	<u>4,802,527</u>
<b>Resources expended</b>				
Cost of generating funds	188,241	7,324	195,565	232,724
Investment manager's fees	28,895	-	28,895	21,437
Charitable activities				
Treatment	1,365,316	203	1,365,519	1,298,854
Accommodation & catering	2,635,796	1,062	2,636,858	2,516,637
Governance costs	128,736	-	128,736	102,738
<b>Total resources expended</b>	<u>4,346,984</u>	<u>8,589</u>	<u>4,355,573</u>	<u>4,172,390</u>
<b>Net incoming/(outgoing) resources before transfers</b>	135,692	762,629	898,321	630,137
Transfers between funds				
Designated fund	-	-	-	-
Restricted fund	(82,830)	82,830	-	-
<b>Net incoming resources before other recognised gains</b>	52,862	845,459	898,321	630,137
Net profit/(loss) on disposal of investments	183,471	-	183,471	(24,206)
Increase in market value of investments	904,305	-	904,305	1,172,363
<b>Net movement in funds for the year</b>	<u>1,140,638</u>	<u>845,459</u>	<u>1,986,097</u>	<u>1,778,294</u>
<b>Reconciliation of funds</b>				
Total funds brought forward	<u>25,334,646</u>	<u>301,141</u>	<u>25,635,787</u>	<u>23,857,493</u>
<b>Total funds carried forward</b>	<u><u>26,475,284</u></u>	<u><u>1,146,600</u></u>	<u><u>27,621,884</u></u>	<u><u>25,635,787</u></u>

# THE POLICE REHABILITATION CENTRE

## BALANCE SHEET AS AT 31st DECEMBER 2010

	2010		2009	
	£	£	£	£
<b>Fixed assets</b>				
Tangible assets		17,918,489		16,300,694
Investments		7,684,086		6,722,847
		25,602,575		23,023,541
<b>Current assets</b>				
Stocks	22,917		18,592	
Debtors and prepayments	655,773		1,265,574	
Monies held on deposit	121,652		23,922	
Cash at bank and in hand	1,600,869		1,713,979	
	2,401,211		3,022,067	
<b>Creditors: amounts falling due within one year</b>				
Creditors and accruals	364,631		375,279	
		2,036,580		2,646,788
<b>Net current assets</b>				
		27,639,155		25,670,329
<b>Creditors: amounts falling due after more than one year</b>				
Other creditors		17,271		34,542
		27,621,884		25,635,787
<b>Net assets</b>		27,621,884		25,635,787
<b>Funds</b>				
Unrestricted funds		26,455,284		25,510,105
Designated funds		20,000		(175,459)
Restricted funds		1,146,600		301,141
		27,621,884		25,635,787
		27,621,884		25,635,787

### Note

The Unrestricted fund is mainly represented by the total cost of Freehold Property - £17,666,411 appearing in the Centre's Balance sheet. The balance of funds are partly invested in Stock Exchange securities and also bank deposits, which generate further income contributing towards the running costs of the Centre.

The Designated fund represents the hardship fund.

The Restricted fund of £1,146,600 is represented by the capitalized build works from the Government grant of £1,145,000 and £1,500 for lottery prize fund. The remaining £100 relates to restrictions on other donated income.

### Trustees' Statements

The summarised financial statements are not the statutory accounts of The Police Rehabilitation Centre but a summary of the information relating to both the Statement of Financial Activities and the Balance Sheet for the year ended 31st December 2010.

The summarised financial statements may not contain sufficient information to allow for a full understanding of the financial affairs of the charity.

The full accounts from which these summarised financial statements are derived have been audited by George Hay & Company, who gave an unqualified audit report.

The full Trustees' Annual Report, Financial Statements and Auditors' Report may be obtained from The Police Rehabilitation Centre, Flint House, Reading Road, Goring on Thames, Oxfordshire RG8 0LL.

The Trustees' Annual Report and Financial statements were approved by the Trustees on 19th April 2011 and have been submitted to the Charity Commission.

Mrs D.J.C. Priestley



## THE POLICE REHABILITATION CENTRE

### INDEPENDENT AUDITOR'S STATEMENT ON THE SUMMARISED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31st DECEMBER 2010

We have examined the summarised financial statements of The Police Rehabilitation Centre for the year ended 31st December 2010 set out on pages 5 to 6.

#### **Respective responsibilities of the trustees and the auditor**

The trustees are responsible for preparing the summarised financial statements in accordance with applicable United Kingdom law and the recommendations of the Charities SORP.

Our responsibility is to report to you our opinion on the consistency of the summarised financial statements within the summarised annual report with the full annual financial statements and the Trustees' Annual Report.

We also read the other information contained in the summarised annual report and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summarised financial statements.

#### **Basis of opinion**

We conducted our work in accordance with Bulletin 2008/3 issued by the Auditing Practices Board. Our report on the charity's full annual financial statements describes the basis of our opinion on those financial statements.

#### **Opinion**

In our opinion the summarised financial statements are consistent with the full annual financial statements and the Trustees' Annual Report of The Police Rehabilitation Centre for the year ended 31st December 2010.

We have not considered the effects of any events between 19th April 2011 on which we signed our report on the full financial statements and the date of this statement.

George Hay & Company  
Chartered Accountants  
Statutory Auditors  
83 Cambridge Street  
London  
SW1V 4PS

19th April 2011

## THE POLICE REHABILITATION CENTRE

### STATISTICS FOR THE YEAR ENDED 31st DECEMBER 2010 COMPARED WITH THOSE OF THE PREVIOUS YEAR

#### Number of residents and beds

	2010	2009
1. (a) Average complement of beds at 31st December (131 bedrooms)	140	140
(b) Average daily number occupied during the year	137	126
2. Number of residents admitted	3,389	3,333
3. Average stay (in days) of each resident	12	12

#### Financial and other statistics

Annual Income and Expenditure 2008 – 2010

	2010 £	2009 £	2008 £
<b>Income</b>			
Forces contributions	3,315,520	2,890,338	2,704,399
Third party contributions	172,411	166,249	162,919
Grants receivable	461,029	683,971	-
Tax benefit – GAYE scheme	459,934	522,600	493,311
Interest and dividends	144,696	151,997	290,053
Donations	517,211	217,649	980,602
Other income	183,093	169,723	155,556
<b>Total</b>	5,253,894	4,802,527	4,786,840
<b>Expenditure</b>			
Staff costs	2,498,108	2,393,532	2,209,137
Catering	520,420	482,192	418,182
Establishment	639,426	641,518	697,230
Administration	265,991	229,646	263,561
Depreciation	431,628	425,502	400,528
<b>Total</b>	4,355,573	4,172,390	3,988,638
<b>Surplus for the year</b>	898,321	630,137	798,202

#### Note

- i Gains/(Losses) on investments are excluded.
- ii Tax benefit under the GAYE scheme is estimated and is based on average rate of tax relief applicable to donors.

# THE POLICE REHABILITATION CENTRE

## DONATIONS LIST FOR THE YEAR ENDED 31st DECEMBER 2010

### H.M. THE QUEEN

Mr P. Addison	Mrs J. I. Lovett	Mr T. Rees
Ms M. Allcorn (deceased)	Mr A. Macfarlane	Mr D. J. Robertson
Mr & Mrs G.D. Andrew	(in memory of)	Mr J. F. Rudden
Mr J. J. Ashworth	Mr & Mrs S. B. Markley	Mr & Mrs R. Rogers
Mr C. Barker	Mr D. J. Martin	Mr K. L. Short
Mr & Mrs D. Bell	Mr & Mrs R. T. Matthias	Mr D. Simms
Ms S. Bellingham	Mr & Mrs G. S. Meadows	Mrs Pearl Simpson
Mr & Mrs M. J. Blake	(in memory of G. Willcox)	(deceased) Funds from
Mr Dennis Boddy	Metropolitan Police	Estate
(in memory of)	Benevolent Fund	Miss B. Smith
Charity Choice	Mr R. D. Miller	Mr P. T. Smith
(in memory of J. Hibbs)	Mr & Mrs J. F. Milne	Mr & Mrs R. Spencer
Churches Together in	Mr K. Mordecai	Staffordshire Welfare Fund
Sleaford	Mr N. Morrison	Staffordshire Police Authority
Mr D. C. Conroy	Mr & Mrs J. R. Mortimer	Staffordshire Police
Mr P. Cruickshank	Mr & Mrs G. D. Moss	Joint Branch Board
Derbyshire Police Authority	N.A.R.P.O.	Mr & Mrs A. J. Stait
Mr & Mrs D. R. Derry	Bedfordshire Branch	Miss C. M. Steer
Mrs J. Dockrell	N.A.R.P.O.	Ms V. M. Stewart (deceased)
Dorset Police Federation	City of London Branch	Funds from Estate
Joint Branch Board	N.A.R.P.O.	Sussex Police Prosecution
Miss E. Durnell (deceased)	Glamorgan Branch	Team
Mr & Mrs D. J. Elliott	N.A.R.P.O.	Thames Valley Police
Mr & Mrs L. C. Elton	Hertfordshire Branch	Federation CBB
Ex-C.I.D. Officers Association	N.A.R.P.O.	Mr S. Thomas (in memory of)
Mr I. J. Fairall (in memory of)	Staffordshire Branch	Miss. A. Thorne
Mr & Mrs D. Farmer	N.A.R.P.O. Surrey	Mr & Mrs R. G. Turley
Mr & Mrs A. S. Felix	Mr & Mrs D. Newbury	Mr P. Twiss
Mr F. Fisher	Mr & Mrs C. M. O'Donoghue	Mr I. B. Usher
Ms M. L. Fox	Old Monktons Lodge	Wealth and Safety Security
Ms M. R. Ghali	(in memory of J. Hibbs)	Consultants
Mr S. Gould	Mr & Mrs J. T. Oliver	Mr P. A. Weaver
Mr S. C. Gower	Mr D. W. O'Sullivan	Mr F. Webb (in memory of)
Mr I. Haggarty	Mr & Mrs R. Parsons	West Kent Volunteer
(in memory of J. Hibbs)	(in memory of D. Boddy)	Chapter 2041
Mr & Mrs P. G. Hall	Police Federation Office	West Mercia Police Authority
Hampshire Constabulary	(in memory of D. Boddy)	(Police Property Act)
(in memory of J. Drew)	Police Pensions Social	West Mercia Police Welfare
Dr E. Harris	Police Rehabilitation Trust	Fund
Ms R. A. Harvey	Mr & Mrs G. Pollock	West Midlands Police
Mr & Mrs B. L. Heaton	Port of Tilbury	Federation (in memory of
Mr J. Hibbs (in memory)	Posh Paws	J. Hibbs)
Mr T. Hughes	Mr C. Pulling	West Sussex Police Reunion
Lord Imbert	Mr & Mrs C. Rand (Golf day	Mr & Mrs S. J Willcox (in
I.C.A.C. Association UK	raffle for Branches of	memory of G. Willcox)
Mr & Mrs T. J Laws	N.A.R.P.O. Essex)	Mrs J. V. Williams
Mr R. J. Lewis	Reading Police Station	J. R. Wilson
Mr B. Love	(Miss P. Cameron)	Mr & Mrs C. S. Wright



The complete refurbishment of New Wing, opened in 1995, which included an extension of our static exercise room, was completed in April 2010.

The next phase of our extensive expansion programme commences in June/July 2010, with a two year 2 stage building programme to create an additional 25 beds.

The enlarged Centre continues to offer first class intensive rehabilitation and nursing services to all serving and retired police officers for almost all types of injury and illness. In most cases a stay at the Centre considerably improves your rate of recovery – ask any of the thousands of police officers who have been treated here.



## NOTES

## NOTES





