



Flint House

The

Police

Rehabilitation

Centre

Annual Report 2009



THE POLICE REHABILITATION CENTRE
Flint House, Reading Road, Goring-on-Thames, Oxon, RG8 0LL
Tel: 01491 874499
website: www.flinthouse.co.uk email: enquiries@flinthouse.co.uk

GOVERNING DOCUMENT

The Police Convalescent Home, now operating as The Police Rehabilitation Centre is governed by a Trust Deed dated 13th May 1988 and subsequent schemes approved by the Charity Commissioners. This Deed was drawn up when the principal address was transferred to Flint House and the name of the charity was changed. Previously the name of the charity was the Police Seaside Home and was originally regulated by a Declaration of Trust dated 20th December 1892. The Charity Registration number is 210310.

OBJECTIVES OF THE CHARITY

By the Trust Deed dated 13th May 1988 the objects of the Centre are the provision of convalescent facilities for the benefit of serving and retired police officers and cadets of the Home Police Forces and the Port of London Authority Police (now known as the Port of Tilbury Authority).

OUR HISTORY

The first Police Seaside Home was established in 1890 by the late Miss Catherine Gurney OBE (President of the International Christian Police Association) with the assistance of Miss Griffin, for the benefit of police officers of all ranks requiring rest and a change of air after sickness or injury.

In 1892/3 a new building was erected on freehold ground, the site being given by the late Miss E.M. Bell. The foundation stone of this building was laid in October 1892 by H.R.H. Princess Christian, and the Home was opened in July 1893. After that date it was enlarged four times. On 26th September 1966 the Home moved to another new building at 205 Kingsway, Hove which was officially opened in November 1966 by Her Majesty Queen Elizabeth the Queen Mother.

The scale of casualties in our police forces and the stresses to which they were being exposed, significantly increased to a point where the Hove home could not provide the level of service required. Hence Flint House, in Goring on Thames was purchased, adapted and developed to cater for the special requirements of injured and sick police officers, providing additional facilities for physiotherapy, hydrotherapy, stress counselling, health education, etc.

Flint House was officially opened by Her Majesty Queen Elizabeth the Queen Mother on 2nd June 1988. The Centre is maintained by voluntary contributions from police officers serving in member Forces, donations from both Force and private sources, and income from investments. The capacity of Flint House was further increased to 140 beds following building extensions in 1995 and 2003.

ORGANISATION

The Centre is administered and managed by the Board of Trustees in accordance with the Trust Deed. The Chief Executive and his team undertake day-to-day management of the Centre. None of the Trustees receive remuneration from the Centre.

THE POLICE REHABILITATION CENTRE
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST DECEMBER 2009

GOVERNING BODY

PATRON:

Her Majesty the Queen

PRESIDENT:

Sir Paul Stephenson QPM

TRUSTEES:

REPRESENTING:

	Mrs D.J.C. Priestley OBE DL (Chairman)	
*	Mr S. Roberts	The Commissioner of the Police of the Metropolis
	Mrs A. Bennett	
+	Dr A. Anderson	
+	Mr D. Ball	
	Mr H. Davies	
	Mr A. Menzies	
	Mr P. West	The Association of Chief Police Officers
*	Mr J. Giblin	The Joint Central Committee of the Police Federation of England and Wales
+	Mr D. Pellatt	The Joint Central Committee of the Police Federation of England and Wales
	Mr A. White	The Police Federation Joint Branch Boards
	Mr A. Laud	The Police Federation Joint Branch Boards
	Mrs S. Kumar-Merino	The Police Federation Joint Branch Boards
	Mr J. Williams	The Police Federation Joint Branch Boards
	Mr S. Telfer	The Metropolitan Police Constables' Branch Board
	Mr M. Nurthen	The Metropolitan Police Sergeants' Branch Board
	Mr D. Lemonde	The Metropolitan Police Inspectors' Branch Board
	Mr P. Stayt	The Superintendents' Association
	Mr B. Knott	The Christian Police Association

FINANCE AND GENERAL PURPOSES SUB-COMMITTEE:

Trustees appointed to the Finance and General Purposes Sub-Committee are:

	Mr A. White	Mr A. Laud
	Mr M. Nurthen (Chairman)	Mr H. Davies
	Mr P. Stayt	Mr S. Telfer
*	Mr J. Giblin	+ Mr D. Pellatt
* Retired during 2009		+ Appointed during 2009

CHIEF EXECUTIVE

Mr L.S. Filer, MBE

MEDICAL OFFICER

Dr R.W. Hamilton MA (Oxon) MB Bch MRCGP DRCOG

HONORARY CHAPLAIN

The Rev D. Axcell

THE POLICE REHABILITATION CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST DECEMBER 2009 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS

Financial review

This year the Charity achieved a net surplus of £630,137 (2008: £798,202). Discretionary donations have decreased in the year, however the decrease has been offset with new Home Office grant incoming resources received amounting to £683,971 (2008: £nil). Grant income is restricted against resources expended towards the new wing refurbishment of Flint House including extension of the gym and kitchen refurbishments of which £757,676 (2008: £nil) has been expended thus far between April and the year-end.

As a result of the change in investment managers at the start of the year from Singer & Friedlander to Williams de Broë, the balance of the existing investment portfolio mix was revised to ensure the investment objective (capital growth) and risk profile (moderate) of the Charity were met. Investments were disposed of during the year realising a loss of £24,206 (2008: £508,923), however due to favourable market conditions and intelligent buying and selling of securities, there has been an increase in market value of total investments of £1,891,472 (2008: £1,271,726 decrease).

The Charity invested £2,796,165 (2008: £1,605,744) in new shareholdings and disposed of certain investments to the value of £2,052,850 (2008: £1,500,722). The market value of the investment portfolio at the year-end is £6,722,847 (2008: £4,831,375).

The turmoil in the financial markets during 2008 in which the investment portfolio was further written down by £867,825 reflecting the decrease in market value below initial cost of investments has been recovered in 2009, due in part to positive market activity. At the year-end the market value of investments amounted to £743,690 (12%) above cost.

The result is a total net increase in the funds during the year of £1,778,294 (2008: £578,546 decrease).

The Charity continues to maintain a sound financial base with the balance sheet showing net assets retained of £25,635,787 (2008: £23,857,493).

Future Plans, Achievements and Public Benefit

In 2009 we continued with our three-year refurbishment programme, with the refurbishment of the first and second floor bedrooms in New Wing, Flint House and an extension to our kitchen freezer and refrigeration facilities. The remaining works, which include the refurbishment of the ground floor bedrooms and an extension to the main static exercise room, will be completed by April 2010.

I am delighted to inform you that for the first time in our 120-year history we have secured a government grant of up to £1.145 million to assist with these works and we are extremely grateful to Mr Paul McKeever, Chairman of the Police Federation of England and Wales for the major role he played in obtaining this grant. In addition we are grateful to all who donated to the Centre in particular the Police Rehabilitation Trust who provide enormous support on an annual basis.

Our marketing strategy for the Centre entered its' third year and once again we were able to increase the number of regular contributors to the Centre by a further 1,064 contributors. We very much hope that, even with the current economic problems that beset the UK, we shall be able to continue in encouraging more police officers to support this charity, and by doing so, provide support for their injured colleagues.

THE POLICE REHABILITATION CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST DECEMBER 2009 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS (cont.)

Once again the Centre admitted another record number of patients in 2009 (3,333 admissions) and has been operating at maximum capacity since late 2008. Even so, the waiting time for admission, because of the constant increases in demand, has slowly risen from 2 weeks to 6 weeks, exacerbated by the need for room closures during the refurbishment works.

The make-up of the resident admissions in 2009 was: -

Serving Officers	2,859
Retired Officers	474
Partners	121
	<hr/>
	3,454

Following a strategic review of the Centre in January 2009, it was concluded by the Board of Trustees, that planning permission should be sought for an additional 25 beds, and this was granted in October 2009. Building works for these additional beds will begin, following the completion of the refurbishment works, in May/June 2010, at a cost of approximately £5 million and will take two years to complete.

The extension plans will increase bed capacity at the Centre to 165 beds, which will provide sufficient space for up to approximately 4,300 patients.

The operational costs of running the increased number of beds will require up to an additional £500,000 per annum and consequently we requested an increase of 15p per week in contributions to £1 per week from September 2009.

The Trustees are very grateful that this increase was accepted by all.

The Centre was created to provide care and treatment for sick and injured police officers to assist them in returning to full health and duty. This purpose satisfies the Charities Act 2006.

The fact that such help is provided to ever growing numbers of police officers, saving the resources of both the NHS and police authorities demonstrates the enormous benefit to the public derived from the work of the Centre.

The Trustees wish to thank all members of staff at the Centre especially for the indefatigable efforts to keep the Centre running when besieged by the worst weather in our history. We also thank Dr. Rhys Hamilton and his practice for their excellent work on behalf of the patients. Grateful thanks are also offered to Rev. Don Axcell, our chaplain and all other supporters of the Centre, including Welfare and Occupational Health personnel and Staff Associations representatives who greatly assist in promoting the Centre.

I also wish to thank Mr Steven Roberts and Mr John Giblin who retired from the Board during the year and welcome Mr David Pellatt, Dr. Alex Anderson and Mr David Ball who have recently joined the Board.

Lyndon Filer, Chief Executive, is warmly congratulated on the award of M.B.E. for his outstanding service to police officers.

Mrs D.J.C. Priestley
Chairman

Dated: 13th April 2010

THE POLICE REHABILITATION CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST DECEMBER 2009

	Unrestricted Funds 2009 £	Restricted Funds 2009 £	Total Funds 2009 £	Total Funds 2008 £
Incoming resources				
Incoming resources from generated funds				
Voluntary income	3,492,437	138,150	3,630,587	4,178,312
Activities for generating funds	335,670	683,971	1,019,641	318,370
Investment income	151,997	-	151,997	290,053
Other incoming resources	302	-	302	105
Total incoming resources	3,980,406	822,121	4,802,527	4,786,840
Resources expended				
Cost of generating funds	211,724	21,000	232,724	187,911
Investment manager's fees	21,437	-	21,437	44,561
Charitable activities				
Treatment	1,295,754	3,100	1,298,854	1,244,792
Accommodation & catering	2,497,956	18,681	2,516,637	2,422,885
Governance costs	102,738	-	102,738	88,489
Total resources expended	4,129,609	42,781	4,172,390	3,988,638
Net incoming/(outgoing) resources before transfers	(149,203)	779,340	630,137	798,202
Transfers between funds				
Restricted fund	757,676	(757,676)	-	-
Net incoming resources before other recognised gains	608,473	21,664	630,137	798,202
Net losses on disposal of investments	(24,206)	-	(24,206)	(508,923)
Increase/(Decrease) in market value of investments	1,172,363	-	1,172,363	(867,825)
Net movement in funds for the year	1,756,630	21,664	1,778,294	(578,546)
Reconciliation of funds				
Total funds brought forward	23,578,016	279,477	23,857,493	24,436,039
Total funds carried forward	25,334,646	301,141	25,635,787	23,857,493

THE POLICE REHABILITATION CENTRE

BALANCE SHEET AS AT 31ST DECEMBER 2009

	£	2009	£	£	2008	£
Fixed assets						
Tangible assets			16,300,694			15,811,464
Investments			6,722,847			4,831,375
			23,023,541			20,642,839
Current assets						
Stocks		18,592			18,634	
Debtors and prepayments	1,265,574			753,629		
Monies held on deposit	23,922			2,806,960		
Cash at bank and in hand	1,713,979			(14,848)		
		3,022,067		3,564,375		
Creditors: amounts falling due within one year						
Creditors and accruals	375,279			349,721		
		3,022,067		3,564,375		
Net current assets			2,646,788			3,214,654
Total assets less current liabilities			25,670,329			23,857,493
Creditors: amounts falling due after more than one year						
Other creditors			34,542			-
			34,542			-
Net assets			25,635,787			23,857,493
Funds						
Unrestricted funds			25,334,646			23,578,016
Restricted funds			301,141			279,477
			25,635,787			23,857,493

Note

The Unrestricted fund is mainly represented by the total cost of Freehold Property - £16,010,033 appearing in the Centre's Balance sheet. The balance of funds is partly invested in Stock Exchange securities and also bank deposits, which generate further income contributing towards the running costs of the Centre.

The Restricted fund of £301,141 entirely represents funds available for the purpose of Flint House refurbishment.

Trustees' Statements

The summarised financial statements are not the statutory financial statements of The Police Rehabilitation Centre but a summary of the information relating to both the Statement of Financial Activities and the Balance Sheet for the year ended 31st December 2009.

The summarised financial statements may not contain sufficient information to allow for a full understanding of the financial affairs of the charity.

The full financial statements from which these summarised financial statements are derived have been audited by George Hay & Company, who gave an unqualified audit report.

The full Trustees' Annual Report, Financial Statements and Auditors' Report may be obtained from The Police Rehabilitation Centre, Flint House, Reading Road, Goring on Thames, Oxfordshire RG8 0LL.

The Trustees' Annual Report and Financial Statements were approved by the Trustees on 13th April 2010 and have been submitted to the Charity Commission.

Mrs D.J.C. Priestley

**INDEPENDENT AUDITORS' STATEMENT TO THE TRUSTEES OF
THE POLICE REHABILITATION CENTRE**

Auditor's Statement to the Trustees of The Police Rehabilitation Centre

We have examined the summarised financial statements on pages 5 and 6.

Respective Responsibilities of the Trustees and Auditors

The Trustees are responsible for preparing the summarised financial statements in accordance with the recommendations of the charities SORP. It is our responsibility to report to you our opinion on their consistency with the full financial statements. Our report on the full financial statements of the charity includes information on the responsibilities of the charity's trustees and the auditors relating to the preparation and audit of financial statements and on the basis of our opinion on the full financial statements.

Basis of Opinion

We conducted our work on accordance with Bulletin 1999/6 "the auditor's statement on the summary financial statements" issued by the Auditing Practices Board for use in the United Kingdom.

Opinion

In our opinion the summarised financial statements are consistent with the full financial statements for the year ended 31st December 2009.

George Hay & Company
Chartered Accountants
Statutory Auditors
83 Cambridge Street
Pimlico
London
SW1V 4PS

Dated: 13th April 2010

THE POLICE REHABILITATION CENTRE

STATISTICS FOR THE YEAR ENDED 31ST DECEMBER 2009 COMPARED WITH THOSE OF THE PREVIOUS YEAR

Number of residents and beds

	2009	2008
1. (a) Average complement of beds at 31st December	140	140
(131 bedrooms)		(131 bedrooms)
(b) Average daily number occupied during the year	126	123
2. Number of residents admitted	3,333	3,283
3. Average stay (in days) of each resident	12	12

Financial and other statistics

Annual Income and Expenditure 2007 – 2009

	2009	2008	2007
	£	£	£
Income			
Forces contributions	2,890,338	2,704,399	2,672,833
Third party contributions	166,249	162,919	170,145
Grants receivable	683,971	-	-
Tax benefit – GAYE scheme	522,600	493,311	490,645
Interest and dividends	151,997	290,053	280,319
Donations	217,649	980,602	373,526
Other income	169,723	155,556	153,467
Total	4,802,527	4,786,840	4,140,935
Expenditure			
Staff costs	2,393,532	2,209,137	2,141,601
Catering	482,192	418,182	400,929
Establishment	641,518	697,230	643,425
Administration	229,646	263,561	94,869
Depreciation	425,502	400,528	413,226
Total	4,172,390	3,988,638	3,694,050
Surplus for the year	630,137	798,202	446,885

Note

- i Gains/(Losses) on investments are excluded.
- ii Tax benefit under the GAYE scheme is estimated and is based on an average rate of tax relief applicable to donors.

THE POLICE REHABILITATION CENTRE
YEAR ENDED 31ST DECEMBER 2009
DONATIONS LIST

H.M. THE QUEEN

Mr J.A. Arle (in memory)	Mr K. Morris
ASAR Charitable Trust	N.A.R.P.O. Gloucestershire
Mr C. Atkinson	N.A.R.P.O. Staffordshire Branch
Mr K. Atkinson	N.A.R.P.O. Wakefield West Yorkshire
Mr D. Birkhead (in memory of Mr J.A. Arle)	N.A.R.P.O. Worcestershire Branch
Mrs J. Brooker (in memory of Mr J.A. Arle)	Mr & Mrs C.M. O'Donoghue
Mr & Mrs S.J. Cartwright	Mr & Mrs K. Oliver
Mr C. Day Leasedrive Holdings	Mrs J. Pery
Churches Together in Sleaford	Mr & Mrs D.S. Pethick
Mr C. Clark (in memory of Mr J.A. Arle)	Mr J. Plato
Miss E.R. Clark	Mr & Mrs P.A. Plato-Osborne
Mrs P.J.A Cooke	Police Rehabilitation Trust
Commando Cops	Port of Tilbury
Ms Edna. R. Cottle (deceased) Funds from Estate	Posh Paws
Mr & Mrs H. Coulston (in memory of Mr J.A. Arle)	Mrs J.M. Povey (in memory of Mr J.A. Arle)
Mr P. Cruickshank	Mrs D. Priestley (in memory of Mr A.C. Gill)
Mr R. Cuthbertson	Mr A.F. Randle
Daily Telegraph	Mr T. Rees
Derbyshire Police Authority	Mr & Mrs H. Reeves
DOR Mets Pensions Group	Mr & Mrs E. Sandiford
Dorset Police Federation JBB	Mrs S. Seaton
Mr James Alexander Drew (in memory)	Mr & Mrs D. Simms
Mr & Mrs D. Farmer	Mr P.T. Smith
Freemasons Grand Charity	Mrs D.L. Somerville
F Division Retired Police Officers Association	Staffordshire Police Authority
Mr A. C. Gill (in memory)	Staffordshire Police Cycling Club
Gloucestershire Police Authority	Staffordshire Police Federation JBB
Mr & Mrs B.S. Goad (in memory of Mr J.A. Arle)	Staffordshire Police Welfare Fund
Mr & Mrs D.J. Gurney (in memory of Mr J.A. Arle)	Mrs Vera M. Stewart (deceased) Funds from Estate
Mr & Mrs R. Halsey (in memory of Mr J.A. Arle)	Surrey Police Welfare Fund
Ms R.A. Harvey	Mr T. Thomas
Mr & Mrs B. Heaton	Mr & Mrs S. Thompson
Mr E.R. Hills	Trustees of the Guild of Security Professionals
Mr R.W. Hoile	Ms A. Turnbull
Mr & Mrs P.J. Hutson	K.M. Venables (in memory of Mr J.A. Arle)
Mr M. Kruck	West Mercia Constabulary Welfare Fund
Mr & Mrs T. Laws	West Mercia Police Authority (Police Property Act)
Mrs J. Longman	Mr N.G. Williams
Mr & Mrs R.T. Matthias	Mr R.A. Wilson
Mr & Mrs F. Moore	Mr & Mrs G. Wootton
Mr & Mrs J. Milne	Mr W.A. Wright

THE POLICE REHABILITATION CENTRE

CONDITIONS GOVERNING ADMISSION TO THE CENTRE

1. There will be absolute priority of admission for police officers in need of rehabilitation or convalescence rest.
2. There will be a second priority for police cadets serving in Forces associated with the Centre and in need of rehabilitation or convalescence at the absolute discretion of the Board of Trustees.
3. There will be a third priority for police pensioners in need of rehabilitation or convalescence, and for former police officers who have received an ill-health award under the Police Pensions Regulations and similarly in need of rehabilitation or convalescence. Acceptance is subject to the decision of the Board of Trustees.
4. Application for admission of an officer in need of rehabilitation or convalescence must be made on the official form and sent to the Chief Executive with the medical certificate duly completed and signed by a doctor. The final decision for admission rests entirely with the Board of Trustees.
5. Spouses may be accommodated at the Centre only if their presence is deemed to be beneficial to the recovery of the officer. A supporting letter from the welfare officer detailing the reasons for the request for the spouse to attend should be included with the application form, but the final decision to admit will rest with the Board of Trustees.

This facility is NOT generally available for police pensioners except at the discretion of the Board of Trustees to cater for a most exceptional case where there is an essential requirement for the police pensioner to be accompanied. Such cases can only be considered when the accommodation is not required for serving officers.

The Board of Trustees has the discretion to waive the annual leave charge for spouses if it is of the opinion that such attention is necessary.

6. When the Centre is not full, police officers and former police officers who are, or have been, recipients of an award under the Police Pensions Act may be received as visitors during their annual leave on such payment as may be decided from time to time by the Board of Trustees.
7. Residence at the Centre will be subject to compliance with the rules approved from time to time by the Board of Trustees.
8. No alcoholic drinks may be brought into the Centre by any patient or visitor.



The complete refurbishment of New Wing, opened in 1995, which included an extension of our static exercise room, was completed in April 2010.

The next phase of our extensive expansion programme commences in June/July 2010, with a two year 2 stage building programme to create an additional 25 beds.

The enlarged Centre continues to offer first class intensive rehabilitation and nursing services to all serving and retired police officers for almost all types of injury and illness. In most cases a stay at the Centre considerably improves your rate of recovery – ask any of the thousands of police officers who have been treated here.



NOTES



