

Flint House

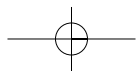
The

Police

Rehabilitation

Centre

Annual Report 2008





THE POLICE REHABILITATION CENTRE

GOVERNING DOCUMENT

The Police Convalescent Home, now operating as The Police Rehabilitation Centre is governed by a Trust Deed dated 13th May 1988 and subsequent schemes approved by the Charity Commissioners. This Deed was drawn up when the principal address was transferred to Flint House and the name of the charity was changed. Previously the name of the charity was the Police Seaside Home and was originally regulated by a Declaration of Trust dated 20th December 1892. The Charity Registration number is 210310.

OBJECTIVES OF CHARITY

By the Trust Deed dated 13th May 1988 the objects of the Centre are the provision of convalescent facilities for the benefit of serving and retired police officers and cadets of the Home Police Forces and the Port of London Authority Police (now known as the Port of Tilbury Authority).

OUR HISTORY

The first Police Seaside Home was established in 1890 by the late Miss Catherine Gurney OBE (President of the International Christian Police Association) with the assistance of Miss Griffin, for the benefit of police officers of all ranks requiring rest and a change of air after sickness or injury.

In 1892/3 a new building was erected on freehold ground, the site being given by the late Miss E.M. Bell. The foundation stone of this building was laid in October 1892 by H.R.H. Princess Christian, and the Home was opened in July 1893. After that date it was enlarged four times. On 26th September 1966 the Home moved to another new building at 205 Kingsway, Hove which was officially opened in November 1966 by Her Majesty Queen Elizabeth the Queen Mother.

The scale of casualties in our police forces and the stresses to which they were being exposed, significantly increased to a point where the Hove home could not provide the level of service required. Hence Flint House, in Goring on Thames was purchased, adapted and developed to cater for the special requirements of injured and sick police officers, providing additional facilities for physiotherapy, hydrotherapy, stress counselling, health education, etc.

Flint House was officially opened by Her Majesty Queen Elizabeth the Queen Mother on 2nd June 1988. The Centre is maintained by voluntary contributions from police officers serving in member Forces, donations from both Force and private sources, and income from investments. The capacity of Flint House was further increased to 140 beds following building extensions in 1995 and 2003.

ORGANISATION

The Centre is administered and managed by the Board of Trustees in accordance with the Trust Deed. The Chief Executive and his team undertake day-to-day management of the Centre. None of the Trustees receive remuneration from the Centre.

THE POLICE REHABILITATION CENTRE
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31ST DECEMBER 2008

GOVERNING BODY

PATRON:

Her Majesty the Queen

PRESIDENT:

* Sir Ian Blair QPM MA (Oxon)

+ Sir Paul Stephenson QPM

TRUSTEES:

REPRESENTING:

Mrs D.J.C. Priestley OBE DL	(Chairman)
Mr S. Roberts	The Commissioner of the Police of the Metropolis
Mr A. Bennett	
Mr H. Davies	
Mr A. Menzies	
Mr P. West	The Association of Chief Police Officers
Mr J. Giblin	The Joint Central Committee of the Police Federation of England and Wales
Mr A. White	The Police Federation Joint Branch Boards
Mr A. Laud	The Police Federation Joint Branch Boards
* Mrs E. Bale	The Police Federation Joint Branch Boards
+ Mrs S. Kumar-Merino	The Police Federation Joint Branch Boards
Mr J. Williams	The Police Federation Joint Branch Boards
Mr S. Telfer	The Metropolitan Police Constables' Branch Board
Mr M. Nurthen	The Metropolitan Police Sergeants' Branch Board
Mr D. Lemonde	The Metropolitan Police Inspectors' Branch Board
Mr P. Stayt	The Superintendents' Association
Mr B. Knott	The Christian Police Association

FINANCE AND GENERAL PURPOSES SUB-COMMITTEE:

Trustees appointed to the Finance and General Purposes Sub-Committee are:

Mr A. White	Mr A. Laud
Mr M. Nurthen (Chairman)	Mr H. Davies
Mr P. Stayt	Mr S. Telfer
Mr J. Giblin	

* Retired during 2008

+ Appointed during 2008

CHIEF EXECUTIVE Mr L.S. Filer

MEDICAL OFFICER Dr R.W. Hamilton MA (Oxon) MB Bch MRCGP DRCOG

HONORARY CHAPLAIN The Rev D. Axcell

THE POLICE REHABILITATION CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST DECEMBER 2008 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS

Financial review

In 2008 the Centre achieved a surplus of £798,202 (2007: £446,885) and together with the unrestricted losses on investments of £508,923 (2007: £66,999 (gain)) and the write down of the value of investments of £867,825 (2007: nil) resulted in a total net decrease in the funds during the year of £578,546 (2007: £513,884 (increase)).

The Charity has continued with its investment policy to ensure funds are invested so as to maximize the total return and as such, the objective is to secure, by responsible investment, capital growth in real terms over the longer term. The Charity invested £1,605,744 (2007: £3,266,803) in new shareholdings and disposed of certain investments to the value of £1,500,722 (2007: £2,917,090). The market value of the investment portfolio at the year end is £4,831,375 (2007: £6,103,101). The funds investment portfolio has been adversely affected due to the turmoil in the financial markets during the past year. There was a £508,923 net loss on disposal of investments during the year. The investments held at the year end have been further written down by £867,825 (approximately 14%) to reflect the diminution in their market value which compares favourably with many other charitable portfolios.

The Centre continues to maintain a sound financial base, albeit the drop in value of investments, with the balance sheets showing net assets of £23,857,493 (2007: £24,436,039).

Future Plans, Achievements and Public Benefit

This year has significant achievements to report in terms of a memorable Royal Visit, a welcome increase in contribution levels and records patient admissions.

On Monday 14 July 2008, HRH The Prince of Wales, accompanied by our President, Sir Ian Blair and Lady Blair; the Chairman of the Police Rehabilitation Trust, Lord Dear; and the Director, Christopher Mann, visited the Centre, in particular the 60-bed extension at Flint Fold. As HM Queen Elizabeth the Queen Mother before him, Prince Charles has been a keen supporter of the Centre for many years. He opened our new wing in 1995 and launched the fund-raising appeal for Flint Fold in 2002.

In 2008, via our sales and marketing strategy and the enthusiastic efforts of our marketing manager, Kevin Bishop, the Centre attracted a further 976 regular contributors. This represented a 1½% increase over 2007 and, in total, a 2.7% increase since the strategy began. Although, it is felt that in the current financial crisis further increases in contributions may prove difficult to achieve, we hope that new levels can, at least, be maintained over the next few years until matters improve.

Patient admissions have again risen to record levels at 3,124 admissions, 3.8% above 2007 figures. Since the Centre moved to its present site at Goring in 1998, patient admissions have risen almost every year. The issue of waiting times re-emerges and once again the Trustees have decided to plan for additional bed space (see below).

The make-up of resident admissions in 2008 was: -

Serving Officers	2,737
Retired Officers	387
Partners	159
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	3,283
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THE POLICE REHABILITATION CENTRE

TRUSTEES' REPORT FOR THE YEAR ENDED 31ST DECEMBER 2008 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS (cont.)

Future Plans, Achievements and Public Benefit (continued)

Looking to the future, the Trustees have agreed to seek planning permission for additional bed space. Plans are currently being drawn up for a proposed increase of 25 additional bedrooms. This would take the Centre's total bed complement to 165 beds (50 beds in 1988), if planning permission is granted. The Centre's current reserve fund has sufficient holdings to cover the proposed capital development, although reserves would need to be replenished as soon as possible thereafter to provide some operational income for the increased bed numbers.

After much delay, the pilot study into the efficacy of high dosage oxygen treatment (HDOT) on musculoskeletal injury was commenced in November 2008. Unfortunately, following analysis of the pilot study and control group data it appeared that there was, in general, little additional benefit to be obtained by the inclusion of HDOT within the regime offered at the Centre and, therefore, no further action will be taken in this area.

The Centre, as a registered charity, was set up to provide treatment, nursing care, rest and other facilities for serving and retired police officers to assist them in returning to full health and, where appropriate, full duty. This purpose fully satisfies the Charities Act 2006. In August 2008 the Chairman of the Charity commission, Dame Suzi Leather, visited the Centre.

The vast majority of patients will receive an enormous boost to their recovery times from attending the Centre for treatment and be more quickly restored to full health, thereby providing public benefit in the form of more police officers on full duty and fewer seeking the assistance of the NHS.

The Trustees extend their warmest thanks to Lyndon Filer and all the dedicated staff at the Centre for their tireless efforts on behalf of the Centre's patients. They also much appreciate the support of The Rev'd. Don Axcell and the Goring Medical Practice. The Trustees are deeply grateful to all our many supporters.

Sadly, I report the death in December 2008 of Anthony Gill, our previous Chairman of the Board of Trustees. He gave a total of 42 years unique, outstanding voluntary service as a Trustee, initially at Hove and here since 1998. He is remembered with deep gratitude, respect and affection.

I wish to extend our best wishes to Mrs Elizabeth Bale who retired from the Board of Trustees in 2008 and welcome Mrs Susan Kumar-Merino who has been elected in her place.

We also thank the Welfare and Occupational Health Staff and staff associations from each of the 29 forces for assisting us in promoting the benefits of Flint House within the police service.

Mrs D. J. C. Priestley
Chairman

Dated: 21st April 2009

THE POLICE REHABILITATION CENTRE
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST DECEMBER 2008

	Unrestricted Funds 2008 £	Restricted Funds 2008 £	Total Funds 2008 £	Total Funds 2007 £
Incoming resources				
Incoming resources from generated funds				
Voluntary income	3,322,542	855,770	4,178,312	3,537,004
Activities for generating funds	318,370	-	318,370	323,587
Investment income	290,053	-	290,053	280,319
Other incoming resources	105	-	105	25
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Total incoming resources	3,931,070	855,770	4,786,840	4,140,935
Resources expended				
Cost of generating funds	232,472	-	232,472	173,318
Charitable activities	3,263,277	404,400	3,667,677	3,437,352
Governance costs	88,489	-	88,489	83,380
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Total resources expended	3,584,238	404,400	3,988,638	3,694,050
Net incoming resources before other recognised gains/(losses)				
	346,832	451,370	798,202	446,885
Net (losses)/gains on disposal of fixed asset investments	(508,923)	-	(508,923)	66,999
Impairment of fixed asset investments	(867,825)	-	(867,825)	-
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Net movement in funds for the year	(1,029,916)	451,370	(578,546)	513,884
Reconciliation of funds				
Total funds brought forward	24,436,039	-	24,436,039	23,922,155
Movement between funds for capitalised expenditure	171,893	(171,893)	-	-
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Total funds carried forward	<u>23,578,016</u>	<u>279,477</u>	<u>23,857,493</u>	<u>24,436,039</u>

THE POLICE REHABILITATION CENTRE

BALANCE SHEET AS AT 31ST DECEMBER 2008

	2008 £	2007 £
Fixed assets		
Tangible Assets	15,811,464	15,858,910
Investments	4,831,375	6,103,101
	20,642,839	21,962,011
Current assets		
Stocks	18,634	19,922
Debtors and Prepayments	753,629	695,029
Monies held on deposit	2,806,960	1,951,426
Cash at bank and in hand	588	646
	3,579,811	2,667,023
Liabilities		
Creditors: Amounts falling due within one year	365,157	192,995
	3,214,654	2,474,028
Net current assets		
	23,857,493	24,436,039
Net assets		
	23,857,493	24,436,039
Funds		
Unrestricted funds	23,578,016	24,436,039
Restricted funds	279,477	-
	23,857,493	24,436,039

Note

The Unrestricted Fund is mainly represented by the total cost of Freehold Property - £18,951,015 appearing in the Centre's Balance sheet. The balance of funds are partly invested in Stock Exchange securities and also bank deposits; which generate further income contributing towards the running costs of the Centre.

The Restricted Fund of £279,477 consists of £258,477 carried forward for the purpose of the refurbishment of Flint House. There was also £21,000 received in the year for the new marketing DVD, brochure and website that the charity is planning to set up over the next twelve months.

Trustees' Statements

The summarised financial statements are not the statutory accounts of The Police Rehabilitation Centre but a summary of the information relating to both Statement of Financial Activity and the Balance Sheet for the year ended 31st December 2008.

The summarised financial statements may not contain sufficient information to allow for a full understanding of the financial affairs of the charity.

The full accounts from which these summarised financial statements are derived have been audited by George Hay & Company, who gave an unqualified audit report.

The full Trustees' Annual Report, Financial Statements and Auditors' Report may be obtained from The Police Rehabilitation Centre, Flint House, Reading Road, Goring on Thames, Oxfordshire RG8 0LL.

The Trustees' Annual Report and Financial statements were approved by the Trustees on 21st April 2009 and have been submitted to the Charity Commission.

**INDEPENDENT AUDITORS' STATEMENT TO THE TRUSTEES OF
THE POLICE REHABILITATION CENTRE**

Auditor's Statement to the Trustees of The Police Rehabilitation Centre

We have examined the summarised financial statements on pages 5 and 6.

Respective Responsibilities of the Trustees and Auditors

The Trustees are responsible for preparing the summarised financial statements in accordance with the recommendations of the charities SORP. It is our responsibility to report to you our opinion on their consistency with the full financial statements. Our report on the full financial statements of the charity includes information on the responsibilities of the charity's trustees and the auditors relating to the preparation and audit of financial statements and on the basis of our opinion on the full financial statements.

Basis of Opinion

We conducted our work on accordance with Bulletin 1999/6 "the auditor's statement on the summary financial statements" issued by the Auditing Practices Board for use in the United Kingdom.

Opinion

In our opinion the summarised financial statements are consistent with the full financial statements for the year ended 31st December 2008.

George Hay & Company
Chartered Accountants,
Registered Auditors,
83 Cambridge Street,
Pimlico,
London,
SW1V 4PS

Dated: 21st April 2009

THE POLICE REHABILITATION CENTRE

STATISTICS FOR THE YEAR ENDED 31ST DECEMBER 2008 COMPARED WITH THOSE OF THE PREVIOUS YEAR

Number of residents and beds

	2008	2007
1. (a) Average complement of beds at 31st December (131 bedrooms)	140	140
(b) Average daily number occupied during the year	123	115
2. Number of residents admitted	3,283	3,156
3. Average stay (in days) of each resident	12	12

Financial and other statistics

Annual Income and Expenditure 2006 – 2008

	2008 £	2007 £	2006 £
Income			
Forces contributions	2,704,399	2,672,833	3,149,578
Third party contributions	162,919	170,145	127,600
Tax benefit – GAYE Scheme	493,311	490,645	622,482
Interest and dividends	290,053	280,319	251,665
Donations	980,602	373,526	393,398
Other income	155,556	153,467	159,239
Total	4,786,840	4,140,935	4,703,962
Expenditure			
Staff costs	2,209,137	2,141,601	2,021,110
Catering	418,182	400,929	413,898
Establishment	697,230	643,425	698,338
Administration	263,561	94,869	77,029
Depreciation	400,528	413,226	416,752
Total	3,988,638	3,694,050	3,627,127
Surplus for the year	798,202	446,885	1,076,835

Note

- i, Gains/(losses) on investments are excluded.
- ii, Tax benefit under the GAYE scheme is estimated and is based on an average rate of tax relief applicable to donors.

THE POLICE REHABILITATION CENTRE

YEAR ENDED 31ST DECEMBER 2008 DONATIONS LIST

H.M. THE QUEEN

Ms. L. Ansdell	Mr. Richard Mead (in memory)
Ms. D. J. Bassett	Metropolitan Police Athletic Association
Mr. A. Best	Metropolitan Police Bushey Retired Police Service Association
Mr. W. Best	Metropolitan Police Convalescent Home Fund
Mr. M. Barber	Middlesex Province Relief Fund
Mr. Frederick Bickerton (in memory)	Mr. & Mrs. F. Moore
Mr. P. Burrowes	N.A.R.P.O. Bristol & Avon
Mr. J. Byas	N.A.R.P.O. Worcester Sub Branch
The Police Rehabilitation Centre (Canada)	Mr. E. Newton
Churches Together in Sleaford & District	Norfolk Constabulary
Mr. A. Clark	Northamptonshire Police Authority (Police Property Act)
Mr. M. Coggles	Mr. & Mrs. T. Nunn
Miss. J. Corkill	Mrs. F. Palman
Mr. A. Crawford	Police Dependants' Trust
Mr. M. Cuddihy (Mike Cuddihy Civil Engineering)	Police Federation England & Wales (Collected at Bravery Awards)
Mr. & Mrs J. Cuming	Police Rehabilitation Trust
Mr. & Mrs. D. Derry	Mr. B. Pollentine
Derbyshire Police Authority	Posh Paws
Mr. John Dibley O.B.E. (in memory)	Racing 4 Charity
Dorset Police Federation Joint Branch Board	Mr. & Mrs. E. Sandiford
Mr. D. Ellis	Mr. & Mrs. M. Saxby
Mr. & Mrs. G.Evans	Mr. K. Short
Miss. P. Evans	Ms. Pearl Simpson
Ex CID Officers (Metropolitan Police)	Mr. P. Smith
Redwood Lodge 3411	Mr. H.C. Snape
Friends of Flint House (West Sussex & Hants Branch)	Mr. R. Spencer
George Hay & Co	Staffordshire Police Authority
Mr. D. Goldsmith	Staffordshire Police Federation JBB
Mr. P. Gormley	Staffordshire Police Welfare Fund
Mrs. J. Harding	Mrs. Vera M Stewart (deceased) Funds from Estate
Hartley Wintney Voluntary Care Group	Mr. MJ Streeter
Ms. R.A. Harvey	Sussex Police Partnership Fund
Mr. & Mrs. B. Heaton	Mr. D. Taylor
Mr. F. Herron	Mr. P.J. Taylor
Mrs. Pamela Howell (deceased) Funds from Estate	Mr. P.J. Tokins
Mr. E. Jones	Mr. M.V. Trafford
Mr. R. Jones	Trustees of the Company of Security Professionals
Mr. M. Kruck	West Kent Volunteer Chapter 2041
Mr. & Mrs. T. Laws	West Mercia Police Federation JBB
Miss. M.A. Lea	West Mercia Police Authority (Police Property Act)
Leicestershire Police Authority	Mr. & Mrs. V. Willkinson
Mr. R. Leyfield	Mr. N. Williams
Lloyd Police Home Fund	Mr. & Mrs. G. Wootton
Mrs. J. Longman	Mr.& Mrs. G. Wright
Manor of St. James Lodge 9179	
Mr. D. Mcaulay	
Miss. M. McEvoy	

THE POLICE REHABILITATION CENTRE

CONDITIONS GOVERNING ADMISSION TO THE CENTRE

1. There will be absolute priority of admission for police officers in need of rehabilitation or convalescence rest.
2. There will be a second priority for police cadets serving in Forces associated with the Centre and in need of rehabilitation or convalescence at the absolute discretion of the Board of Trustees.
3. There will be a third priority for police pensioners in need of rehabilitation or convalescence, and for former police officers who have received an ill-health award under the Police Pensions Regulations and similarly in need of rehabilitation or convalescence. Acceptance is subject to the decision of the Board of Trustees.

Only those retired officers who were contributing during their length of service are eligible for admission. Retired officers who did not contribute to the Centre may be admitted to the Centre on payment of an appropriate charge and their admission is subject to the discretion of the Board of Trustees.

4. Application for admission of an officer in need of rehabilitation or convalescence must be made on the official form and sent to the Chief Executive with the medical certificate duly completed and signed by a doctor. The final decision for admission rests entirely with the Board of Trustees.
5. Spouses may be accommodated at the Centre only if their presence is deemed to be beneficial to the recovery of the officer. A supporting letter from the welfare officer detailing the reasons for the request for the spouse to attend should be included with the application form, but the final decision to admit will rest with the Board of Trustees.

This facility is NOT generally available for police pensioners except at the discretion of the Board of Trustees to cater for a most exceptional case where there is an essential requirement for the police pensioner to be accompanied. Such cases can only be considered when the accommodation is not required for serving officers.

The Board of Trustees has the discretion to waive the annual leave charge for spouses if he is of the opinion that such attention is necessary.

6. With exception of police officers who are non-contributors in which case an appropriate charge will be made, police officers, cadets and police pensioners from Forces which pay the full rate of contribution will be admitted free of charge.
7. When the Centre is not full, police officers and former police officers who are, or have been, recipients of an award under the Police Pensions Act may be received as visitors during their annual leave on such payment as may be decided from time to time by the Board of Trustees.
8. Residence at the Centre will be subject to compliance with the rules approved from time to time by the Board of Trustees.
9. No alcoholic drinks may be brought into the Centre by any patient or visitor.

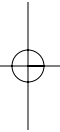
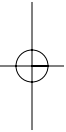
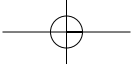


The new extension “Flint Fold” opened to patients on Monday 27 October 2003. This purpose built 60 bedded building increases the Centre’s total bed capacity to 140 beds (131 rooms) and has allowed us to eradicate our waiting time for admission and, at the same time, to expand and improve the services we offer.

The enlarged Centre continues to offer first class intensive rehabilitation and nursing services to all serving and retired police officers for almost all types of injury and illness. In most cases a stay at the Centre considerably improves your rate of recovery – ask any of the thousands of police officers who have been treated here.







Typeset and printed by the Police Federation of England and Wales
Federation House, Highbury Drive, Leatherhead, Surrey KT22 7UY

