



# FLINT HOUSE

THE POLICE REHABILITATION CENTRE

## ANNUAL REPORT 2013





# THE POLICE REHABILITATION CENTRE

## Governing Document

The Police Convalescent Home, operating as The Police Rehabilitation Centre is governed by a Trust Deed dated 13th May 1988 and subsequent schemes approved by the Charity Commission until the date of incorporation. From the date of incorporation the charitable company is controlled by its governing document; the Articles of Association adopted on 14th March 2012 and constitutes a limited company, limited by guarantee as defined by the Companies Act 2006.

## Objectives of the Charity

The objects of the Charity are the promotion of the police service by the provision of rehabilitation services for the benefit of serving and retired Police Officers and (save for purposes incidental and ancillary to these objects) no other purposes.

## Our History

The first Police Seaside Home was established in 1890 by the late Miss Catherine Gurney OBE (President of the International Christian Police Association) with the assistance of Miss Griffin, for the benefit of police officers of all ranks requiring rest and a change of air after sickness or injury.

In 1892/3 a new building was erected on freehold ground, the site being given by the late Miss E.M. Bell. The foundation stone of this building was laid in October 1892 by H.R.H. Princess Christian, and the Home was opened in July 1893. After that date it was enlarged four times. On 26th September 1966 the Home moved to another new building at 205 Kingsway, Hove which was officially opened in November 1966 by Her Majesty Queen Elizabeth the Queen Mother.

The scale of casualties in our police forces and the stresses to which they were being exposed, significantly increased to a point where the Hove home could not provide the level of service required. Hence Flint House, in Goring on Thames was purchased, adapted and developed to cater for the special requirements of injured and sick police officers, providing additional facilities for physiotherapy, hydrotherapy, stress counselling, health education, etc.

Flint House was officially opened by Her Majesty Queen Elizabeth the Queen Mother on 2nd June 1988. The Centre is maintained by voluntary contributions from police officers serving in member Forces, donations from both Force and private sources, and income from investments. The capacity of Flint House was further increased to 165 beds following building extensions in 1995, 2003 and 2012.

## Organisation

The trustees manage the Charity. The full Board of the Trustees meets every two months at the Charity. The full Board of the Trustees is mainly concerned with policy matters and agrees broad strategies and areas of activity for the Charity. More detailed trustee management is dealt with through subcommittees. At present these consist of:

- The Finance and General Purposes sub-committee, which meets on a monthly basis, reporting back to the full Board at the Trustees meetings. The Finance and General Purposes sub-committee deals with all financial decisions including monitoring of income and expenditure, staff salaries and any other major issues deemed appropriate.
- Other committees and working groups are formed on a temporary basis as and when necessary.
- When important matters arise in between meeting cycles the Chief Executive and the officers of the board communicate with each other and the other trustees by phone and /or e-mail in order to reach a decision.
- Responsibility for day to day management of the Charity lies with the Chief Executive, who has powers and responsibilities approved by the trustees.

None of the trustees receive remuneration from the Charity.

# THE POLICE REHABILITATION CENTRE

## REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31st DECEMBER 2013

**Registered Company number** 07990432 (England and Wales)  
**Registered Charity number** 1146913  
**Registered office and principal address** Flint House,  
Reading Road, Goring on Thames,  
Oxfordshire, RG8 0LL.  
Telephone No. 01491 874499  
Fax No. 01491 875002  
Website: www.flinthouse.co.uk  
E-mail: enquiries@flinthouse.co.uk

**Patron** Her Majesty the Queen

**President** Sir Bernard Hogan-Howe QPM

### **Trustees** **Representing**

Mrs D.J.C. Priestley OBE DL (Chairman)	
Mr S. Bray	The Commissioner of the Police of the Metropolis
Mrs A. Bennett	
Dr A. Anderson	
Mr D. Ball	
Mr H. Davies	
Mr A. Menzies	
Mr F. Habgood	The Association of Chief Police Officers
Mr W. Riches	The Joint Central Committee of the Police Federation of England and Wales
Mr M. White	The Police Federation Joint Branch Boards
Mr H. Peters	The Police Federation Joint Branch Boards
Mrs S. Kumar-Merino	The Police Federation Joint Branch Boards
Mr J. Williams	The Police Federation Joint Branch Boards
Mr K. Marsh MBE	The Metropolitan Police Constables' Branch Board
Mr M. Nurthen	The Metropolitan Police Sergeants' Branch Board
Mr D. Lemonde	The Metropolitan Police Inspectors' Branch Board
Mr G. Cassidy	The Superintendents' Association
Mr B. Knott	The Christian Police Association

### **Finance and General Purposes Sub-Committee**

Trustees appointed to the Finance and General Purposes Sub-Committee are:

Mr K. Marsh MBE	Mr H. Davies
Mr M. Nurthen (Chairman)	Mr W. Riches
Mr D. Ball	Mr M. White

**Chief Executive** Commander Tom McAuslin MMedSc FIHM Royal Navy

**Medical Officer** Dr A. D. Lamb MB BS (London) Dch MRCGP DRCOG DFFP

**Honorary Chaplain** The Rev D. Axcell

# THE POLICE REHABILITATION CENTRE

## TRUSTEES' REPORT FOR THE YEAR ENDED 31st DECEMBER 2013 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS

### **Financial Review**

This year the Charity reported a net surplus of £80,356 (2012: £106,449 deficit). This surplus is partly due to an increase in Forces contributions of £156,878 (4.11%) to £3,972,399 (2012: £3,815,521) and grant income of £107,453 to £281,509 (2012: £174,056). Discretionary donation income has decreased by £367,353 to £157,846, of which £58,750 was received from The Police Rehabilitation Trust.

Resources expended have decreased by £308,321 from £5,256,847 to £4,948,526 between 2012 and 2013 respectively. This is due to Quinquennial repairs and maintenance expenditure of £313,000 and legal and professional expenditure of £45,000 for the charitable company's incorporation in 2012.

The lottery draw received £107,355 (2012: £102,618) in income, of which £18,000 is payable in prize winnings. Of the total lottery income, £15,614 (2012: £13,008) has been expended in order to facilitate its operation.

The investment account was transferred from Seymour Pierce to W H Ireland during 2013. The majority of investments remained in FTSE 100 equities as well as mature EURO and US based investments to manage risk. Investments were disposed of during the year realising a gain of £87,743 (2012: £93,446). Due to favourable market conditions there has been an increase in market value of total investments of £772,752 (2012: £834,800 increase).

The Charity invested £1,423,047 (2012: £304,246) in new shareholdings and disposed of certain investments to the value of £1,562,697 (2012: £1,186,310). The market value of the investment portfolio at the year end is £6,768,652 (2012: £6,047,807) being £1,502,034 or 28.6% (2012: £974,912 or 19.2%) above cost.

### **Future Plans, Achievements and Public Benefit**

There have been no major building works this year. The new Dining Room facilitated by the Home Office Grant is up and running and the staff are coping admirably with catering at full capacity.

It has been a very important year; celebrating both the Centenary of Flint House itself and the 25th Anniversary of the Police Rehabilitation Centre.

To commemorate both events, our excellent permanent exhibition "Time Tunnel" was completed in time for the Annual Meeting. It begins with photographs of the original Convalescent Home set up by Catherine Gurney in Hove, the later Home there, and follows through to the acquisition of Flint House, its extensions, the building of Flint Fold and the development of the Centre to the present day. Photos include those of Catherine Gurney, the Queen Mother's Opening of Flint House and later Royal visits by HRH The Prince of Wales and most recently HRH The Duchess of Cornwall in 2011; all provide a unique and fascinating historical record.

Very appropriately, the Annual Meeting this year was addressed by Lord Dear, Chairman of the Rehabilitation Trust, to whom we owe the acquisition of Flint House. He recounted a most interesting background to searching for a suitable property to become a Rehabilitation and Nursing Centre and be fully equipped and staffed for sick and injured patients to receive treatment as opposed to "care" in a Convalescent Home. The purchase of Flint House secured

## **THE POLICE REHABILITATION CENTRE**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31st DECEMBER 2013 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS (cont.)**

both the potential accommodation to be converted for the needs of the patients and in a magnificent location which is a major factor in providing an ethos of healing and recovery at the Centre.

In the 25 years since it was established, much has been achieved; the intake has increased from 40 to 158 patients and it has become a "centre of excellence" for over 63,000 Police Officers who have been able to benefit from the "state of the art" treatment and facilities available and outstanding care and commitment of all the staff.

With the enlarged intake of patients, even more are assisted in resuming their public duties through the excellent treatment and care at the Centre. This satisfies the Public Benefit requirement section 17 of the Charities Act 2011. Additionally, it saves the scant resources of both the NHS and Police. The Hardship Fund exists to give support in exceptional cases where an Officer, through no fault of their own, has been unable to continue donating and is in need of assistance.

From January to December 2013, a total of 3,790 Officers from 29 Forces have been treated. Admission is based on clinical need and waiting times have reduced, occupancy rates are higher at 98%. The continuation of healthcare includes the Health Promotion Strategy which is now firmly embedded and is working to promote healthy living and to address diet, exercise and fitness to assist Officers in meeting fitness tests more confidently.

The Annual Open Afternoon for the local community was a feature of the Centenary and 25th Anniversary celebrations and attracted more visitors this year. It was interesting to meet people who recalled the earlier days of Flint House itself and some who had worked at the Police Rehabilitation Centre at the beginning. The Exhibition attracted much interest.

In these days of tight financial stringency, raising money is particularly difficult. The ongoing support of the Police Rehabilitation Trust for the provision of extra equipment, replacement and refitting is deeply appreciated. In particular, the purchase of Alter G equipment has been hugely beneficial to enable patients to overcome gravity and move lower limbs, which is a major achievement in many conditions, and it is in constant use. We first saw it in use at Headley Court and it is also invaluable for our own patients. We are enormously grateful to the Police Rehabilitation Trust.

The Lottery provides a valuable source of income. It is hoped that it will continue to attract more players as its popularity increases. It is to be circulated more widely amongst retired Officers especially, who might like to sign up and continue their support for the Centre in this way.

At the same time as the need for increasing income, reducing costs by reviewing budgets in all departments is firmly established. Every Department is showing efficiency savings where possible. The reduction of income is recognised because of the cuts in the number of Police Officers from the 29 Forces. Very importantly however there is an urgent need to gain the support of those Officers who are not contributing.

The Board is immensely grateful for the excellent professionalism, loyalty and commitment of all the staff in coping with the demands of the increased number of patients and meeting requirements of efficiency savings whilst maintaining the vital quality of service to all our patients and staff is greatly appreciated.



## **THE POLICE REHABILITATION CENTRE**

### **TRUSTEES' REPORT FOR THE YEAR ENDED 31st DECEMBER 2013 REVIEW OF ACTIVITIES AND FUTURE DEVELOPMENTS (cont.)**

This historic year has been interesting and memorable. I am most grateful for the support and commitment of all my fellow Trustees and their interest and enthusiasm for the Centre. We have been able to reflect on its achievements of 25 years and plan for the future securing the present and ensuring the Police Rehabilitation Centre continues as a Centre of Excellence for many more thousands of Police Officers for the care and treatment they may need.

Mrs D.J.C. Priestley  
Chairman

23rd April 2014

**THE POLICE REHABILITATION CENTRE**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31st DECEMBER 2013**

	Unrestricted Funds 2013 £	Restricted Funds 2013 £	Total Funds 2013 £	Total Funds 2012 £
<b>Incoming resources</b>				
Incoming resources from generated funds				
Voluntary income	4,071,195	59,050	4,130,245	4,340,720
Activities for generating funds	386,123	308,842	694,965	635,101
Investment income	203,672	-	203,672	174,577
<b>Total incoming resources</b>	<u>4,660,990</u>	<u>367,892</u>	<u>5,028,882</u>	<u>5,150,398</u>
<b>Resources expended</b>				
Cost of generating funds	189,997	27,333	217,330	213,073
Investment manager's fees	38,750	-	38,750	33,595
Charitable activities				
Treatment	1,627,513	-	1,627,513	1,621,723
Accommodation & catering	2,935,258	-	2,935,258	3,199,965
Governance costs	129,675	-	129,675	188,491
<b>Total resources expended</b>	<u>4,921,193</u>	<u>27,333</u>	<u>4,948,526</u>	<u>5,256,847</u>
<b>Net incoming/(outgoing) resources before transfers</b>	(260,203)	340,559	80,356	(106,449)
Transfers between funds				
Designated fund	-	-	-	-
Restricted fund	35,800	(35,800)	-	-
<b>Net incoming/(outgoing) resources before other recognised gains</b>	(224,403)	304,759	80,356	(106,449)
Net profit on disposal of investments	87,743	-	87,743	93,446
Change in market value of investments	772,752	-	772,752	834,800
<b>Net movement in funds for the year</b>	<u>636,092</u>	<u>304,759</u>	<u>940,851</u>	<u>821,797</u>
<b>Reconciliation of funds</b>				
Total funds brought forward	26,485,011	1,320,656	27,805,667	26,983,870
<b>Total funds carried forward</b>	<u><u>27,121,103</u></u>	<u><u>1,625,415</u></u>	<u><u>28,746,518</u></u>	<u><u>27,805,667</u></u>



# THE POLICE REHABILITATION CENTRE

## BALANCE SHEET AS AT 31st DECEMBER 2013

	2013		2012	
	£	£	£	£
<b>Fixed assets</b>				
Tangible assets		20,089,504		20,449,757
Investments		6,768,652		6,047,807
		26,858,156		26,497,564
<b>Current assets</b>				
Stocks	19,169		18,205	
Debtors and prepayments	748,502		681,378	
Monies held on deposit	148,910		35,266	
Cash at bank and in hand	1,169,559		909,264	
	2,086,140		1,644,113	
<b>Creditors: amounts falling due within one year</b>				
Creditors and accruals	197,778		336,010	
		1,888,362		1,308,103
<b>Net current assets</b>				
		28,746,518		27,805,667
<b>Net assets</b>		28,746,518		27,805,667
<b>Funds</b>				
Unrestricted funds		27,102,453		26,466,361
Designated funds		18,650		18,650
Restricted funds		1,625,415		1,320,656
		28,746,518		27,805,667
		28,746,518		27,805,667

### Note

The Unrestricted fund is mainly represented by the total cost of Freehold Property - £19,484,048 appearing in the Charity's Balance sheet. The balance of funds are partly invested in Stock Exchange securities and also bank deposits, which generate further income contributing towards the running costs of the Centre.

The Designated fund represents the hardship fund.

The Restricted fund of £1,625,415 is represented by the capitalised build works from the Government grant of £1,600,565 and £1,500 for the lottery prize fund. The remaining £100 relates to restrictions on other donated income.

### Trustees' Statements

The summarised financial statements are not the statutory accounts of The Police Rehabilitation Centre but a summary of information relating to both the Statement of Financial Activities and the Balance Sheet for the year ended 31st December 2013.

The summarised financial statements may not contain sufficient information to allow for a full understanding of the financial affairs of the Charity.

The full accounts from which these summarised financial statements are derived have been audited by George Hay & Company, who gave an unqualified audit report.

The full Trustees' Annual Report, Financial Statements and Auditors' Report may be obtained from The Police Rehabilitation Centre, Flint House, Reading Road, Goring on Thames, Oxfordshire RG8 0LL.

The Trustees' Annual Report and Financial statements were approved by the Trustees on 23rd April 2014 and have been submitted to the Charity Commission.

Mrs D.J.C. Priestley

**THE POLICE REHABILITATION CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31ST DECEMBER 2013**

**Basis of accounting**

The financial statements for both The Police Rehabilitation Centre (unincorporated charity) for the period ended 30th June 2012 and for The Police Rehabilitation Centre (a charitable company limited by guarantee) for the period ended 31st December 2012 and year ended 31st December 2013 are prepared under the historical cost convention, with the exception of investments which are included at market value, the Companies Act 2006 and the requirements of the Statement of Recommended Practice: Accounting and Reporting by Charities (SORP 2005) issued in March 2005.

**Audit Reports**

The audit reports issued in respect of both The Police Rehabilitation Centre (charity) for the period ended 30th June 2012 and for The Police Rehabilitation Centre (a charitable company limited by guarantee) for the period ended 31st December 2012 and year ended 31st December 2013 were unqualified audit reports.

## THE POLICE REHABILITATION CENTRE

### STATISTICS FOR THE YEAR ENDED 31st DECEMBER 2013 COMPARED WITH THOSE OF THE PREVIOUS YEAR

#### Number of patients and beds

	2013	2012
1. (a) Average complement of beds at 31st December	165	165
(158 bedrooms)		(158 bedrooms)
(b) Average daily number occupied during the year	150	150
2. Number of patients admitted	3,723	3,750
3. Average stay (in days) of each resident	12	12

#### Financial and other statistics

##### Annual Income and Expenditure 2011 – 2013

	2013 £	2012 £	2011 £
<b>Income</b>			
Forces contributions	3,972,399	3,815,521	4,075,984
Third party contributions	139,498	173,703	157,908
Grants receivable	281,509	174,056	-
Interest and dividends	203,672	174,577	161,113
Donations	157,846	525,199	264,366
Other income	273,958	287,342	264,885
<b>Total</b>	5,028,882	5,150,398	4,924,256
<b>Expenditure</b>			
Staff costs	2,863,446	2,697,414	2,527,097
Catering	439,097	511,811	515,636
Establishment	821,191	1,273,125	856,418
Administration	266,885	223,438	283,250
Depreciation	557,907	551,059	466,998
<b>Total</b>	4,948,526	5,256,847	4,649,399
(Deficit)/surplus for the year	80,356	(106,449)	274,857

#### Note

- i. Gains/(Losses) on investments are excluded.

**THE POLICE REHABILITATION CENTRE**  
**DONATIONS LIST**  
**FOR THE YEAR ENDED 31st DECEMBER 2013**

**H.M. THE QUEEN**

8/18 Association	NARPO Bedfordshire
Mr S Bellingham	NARPO London Branch
Bentley Lodge Priory	NARPO Portsmouth & Gosport
(Freemason's Relief Chest)	NARPO Southampton
Bishopsgate Lodge (Freemasons)	NARPO Stafford Sub Branch
Mr M Blake	NARPO West Mercia
Central Constables Committee	NARPO Worcestershire
(Police Federation)	Mr & Mrs C M O'Donoghue
Churches Together in Sleaford	Mr B Owen
Mr & Mrs P Cross	Mr Perkins (in memory)
Mr & Mrs M Denton	Mr & Mrs M E Phipps
Derbyshire Constabulary	Police Federation (Bravery Awards)
Dorset Police Male Voice Choir	Police Mutual Association
Easy Fundraising	Police Rehabilitation Trust
Essex Police Old Cops Club	Port of Tilbury
Mr P Francis	Posh Paws (Karen Walters)
G45 Corporate Services	Mr T Powell
George Hay & Co	Mrs D Priestley
Mr F Gibbs	Mr T Rees
Mrs S Gold	Mr A Robertson
Hampshire Police Federation JBB	Mr Francis Smale (in memory)
Dr E Harris	Mr P T Smith
Ms R A Harvey	Mr Trevor Spencer (in memory)
Hearing Star Charitable Partnership (NARPO)	Mr B Stevenson
Mr & Mrs J Hill	Mrs A Tipper
Miss S Hills	Mrs S Turner
Mr Anthony Hughes (in memory)	Mr C Underwood
Mr Bernard Hurst (in memory)	United Lodge of Derbyshire
International Police Association Camping	Mrs Connie Vigurs (in memory)
& Caravan	Mr S Walker
International Police Association Section UK	Mr A Weeks
Mr & Mrs T J Laws	West Mercia Police Authority
Mr S Lee	(Police Property Act)
Manor of St James Lodge Relief Chest	West Mercia Police Welfare Fund JBB
Metropolitan Phoenix Masonic Association	Mrs J V Williams
Metropolitan Police Authority History Society	Mr Norman Williams (in memory)
Metropolitan Police Branch Board JEC Fund	Mr Dennis Woodley (in memory)
Metropolitan Police Friendly Society	Worshipful Company of Security
Lady Money-Coutts	Professionals
Mrs D C Monk	Mr M Wright



## NOTES





